



2023 PALARONG PAMBANSA
July 29–August 05, 2023 • Marikina City

TECHNICAL GUIDELINES FOR **ARCHERY**

I. **RULES & REGULATIONS**

The latest edition of the World Archery (formerly **FITA**) rules for outdoor target archery shall govern the tournament's conduct. (www.worldarchery.org – EN-Book 3).

II. **ATHLETE'S ELIGIBILITY**

1. The provisions on the Eligibility of Athletes stipulated in the Enclosure 2 of DepEd Memorandum No. 5, s. 2023 shall apply.
2. Only athletes and coaches in the approved gallery of delegates shall be allowed to participate and compete.

III. **COMPOSITION OF CONTINGENT**

1. A regional delegation's archery team shall consist of a Boys Team and a Girls Team in Secondary.
2. Each team shall be composed of not more than four (4) archers and a team coach. Team chaperones may accompany the girl's teams, but they shall not be allowed to coach. **Team trainers, archer's personal coaches, parents and delegation team officials will not be allowed in the archer's area and field of play during the tournament.**
3. The top 24 archers in each of the distances – identified based on its respective **qualifying score/s** – shall be considered as candidates for the four (4) regional slots. The four (4) archers with the highest accumulated points for all the distances shall represent their respective delegation and compete in the *Palarong Pambansa*.
4. The qualifying scores are provided in Enclosure 2 to this Memorandum for reference and guidance.

IV. **DISQUALIFICATION**

1. An athlete found guilty of breaking any eligibility rules;
2. An athlete using equipment contravening WA rules;
3. Athletes/teams repeatedly found shooting more than the permitted number of arrows per end;
4. An athlete proved to have knowingly broken any rules and regulations;
 - 4.1. Unsportsmanlike conduct
 - 4.2. Alteration and falsification of scores
5. An athlete who persists in using dangerous method of drawing the string.

V. SPORTS EVENTS & DISCIPLINES

Competition in Archery for the Secondary Level shall consist of the following events:

	BOYS/GIRLS	TARGET FACES	# OF ARROWS/END/ SET
EVENTS	1. 70-meter distance	122 cm	36 arrows = 6 arrows per end
	2. 60-meter distance	122 cm	36 arrows = 6 arrows per end
	3. 50-meter distance	80 cm	36 arrows = 6 arrows per end
	4. 30-meter distance	80 cm	36 arrows = 6 arrows per end
	5. 1440 round		144 arrows – aggregate scores
	6. Olympic Round (70 meters)	122 cm	Set System – 3 arrows per end 5 ends – 6 set points
	7. Team Event (70 meters)	122 cm	Set system – 2 arrows per archer 4 ends – 5 set points
	8. Mixed Team (70 meters)	122 cm	Set System – 2 arrows per archer 4 ends – 5 set points

VI. CATEGORIES

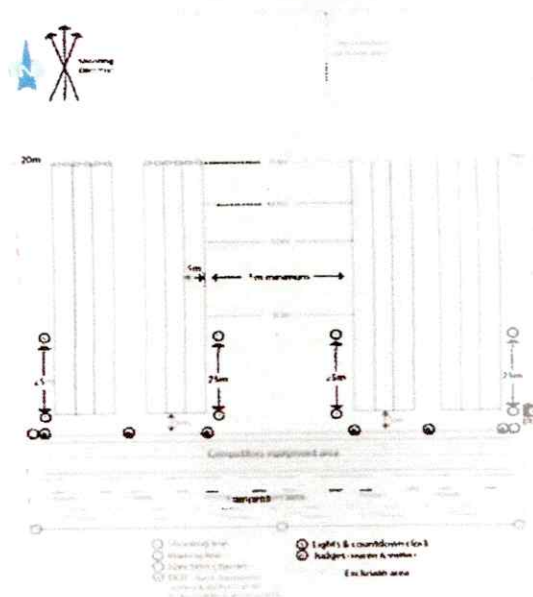
Archery Competitions are divided into two categories:

- **Secondary – Boys**
- **Secondary – Girls**

VII. PLAYING AREA & EQUIPMENT

1. Playing Venue

A minimum of 60 meters x 150 meters open field, flat surface preferably with grass is a requirement in an archery range for *Palarong Pambansa*. Archers, Equipment and Spectator's Area must be labeled behind the waiting line. Provision for power supply and toilets is highly recommended. Safety barriers must be installed behind the target line and other safety zones. A suggested playing field is shown below:



2. Equipment

- 2.1. Each archer should have his/her own set of equipment which should conform to WA Recurve Bow specifications (Book 3, 11.1). It is the archer's responsibility to use equipment which complies with the rules. If in doubt the archer should show his equipment to the Judge(s) before using it in competitions.
- 2.2. Any archer found to be using equipment contravening the rules may have his or her scores disqualified.

VIII. PROTEST, PENALTIES, & SANCTIONS

DepEd Palarong Pambansa rules on protest, penalties and sanctions shall apply.

IX. CONDUCT OF THE COMPETITIONS

1. The results of the 1440 Round will be used as the bases for ranking the individual competitors in the Girls and Boys Divisions. Based on their ranks, the archers will then proceed to the Olympic Round to determine the Overall Individual Champions for Girls and Boys Divisions.
2. New Rule
The following new rules for international competitions will apply:
 - 2.1. 20 seconds per arrow is the time allowed for individual alternate shooting, and for all team and mixed team rounds including shoot-offs;
 - 2.2. 30 seconds per arrow is the time allowed for individual shooting during qualifications, Olympic round and Compound rounds where alternate shooting does not apply, including shoot-offs; and
 - 2.3. No extra time shall be allowed for equipment failure or the treatment of medical problems, but the athlete concerned may leave the shooting line to resolve the issue and return to shoot any remaining arrow(s) if the time limit permits. In the Team Event other member(s) of the team may shoot in the meantime.
3. Competition in the Olympic Round will be as follows:
 - a) An **Elimination Round** in which all archers (seeded according to their rank in the 1440 Round) in each division shoot a series of matches to determine the quarterfinalists. Each match shall consist of five (5) sets of three (3) arrows shot at the 122cm target face placed at the 70 meters for both girls and boys. The set system of scoring shall be used;
 - b) A Finals round in which the remaining quarter finalists (top 8 archers in each class) shoot a series of matches, ending with the Gold Medal Matches. Each match shall consist of up to five (5) sets of three (3) arrows shot at the 122cm target face placed at the 70meter distance for both girls and boys. (Alternate shooting will apply on the BMM and GMM). The set system of scoring shall be used;

- c) The scores in the 1440 Round of the **top three archers** from each team shall be the team's aggregate score. All Team scores will be calculated in a similar manner and each Team will be ranked in the Girls and Boys Classes. **However, any member of a team who shot in the 1440 Round may be fielded in the Team Event provided the final composition must be submitted to the tournament secretary before the announced deadline for the re-computation of team aggregate score.** All teams will shoot in the Olympic Round Team Event which consists of:
- a. The **Team Elimination Round** in which the seventeen (17) teams in each division shoot a series of elimination matches to determine the top teams in each class. Each match shall consist of four (4) ends of six (6) arrows at the 122cm target face placed at the 70meter distance for both girls and boys. Each archer shall shoot two (2) arrows per end. The set system of scoring shall be used.
 - b. The **Team Finals Round** in which the top eight (8) teams in each class shoot a series of matches ending with the Team Gold Medal Matches. Each match shall consist of four (4) ends of six (6) arrows shot at the 122cm target face placed at the 70meter distance (Alternate shooting will apply on the BMM* and GMM*). Each archer shall shoot two (2) arrows per end. The set system of scoring shall be used.
- d) The scores in the 1440 Round of the top-ranked boy archer and top-ranked girl archer from each team shall be the Regional MIXED TEAM's aggregate score. All Mixed Team scores will be calculated in a similar manner and each Regional Mixed Team will be ranked. All teams will shoot in the Olympic Round Mixed Team Event which consist of:
- a. The Mixed Team Elimination Round in which the eighteen (18) teams in each division shoot a series of elimination matches to determine the top teams. Each match shall consist of four (4) ends of four (4) arrows at the 122cm target face placed at the 70-meter distance. Each archer shall shoot two (2) arrows per end. The set system of scoring shall be used.
 - b. The Mixed Team Finals Round in which the top eight (8) teams shoot a series of matches ending with the Mixed Team Gold Medal Matches. Each match shall consist of four (4) ends of four (4) arrows shot at 122cm target face placed at the 70meter distance (Alternate shooting will apply on the BMM and GMM). The set system of scoring shall be used.

X. PROTOCOLS

1. Uniforms

- 1.1. All members of the team including the coaches must wear the same uniform during the Team Event.
- 1.2. The archer's family name followed by the initial of his first name (e.g. DELA CRUZ, A.), should be printed on the upper back portion of the shirt. Letter height is from 5cm. in block letters. All shirts worn during the tournament must bear the

archer's name as describe above. Aside from the official delegation uniform, a team may wear an alternate uniform which should also have the archer's names printed at the back. All archers must wear rubber shoes. Slippers, Crocs, sandals and similar footwear shall not be allowed. Rubber boots and rain gear may be allowed if the weather and field conditions warrant their use.

1.3. Archers must always wear their target assignment numbers on their arrow quivers when shooting in the tournament, during the official practice day and during the official inspection of equipment. Numbers must be properly pinned on the archers' quivers.

1.4. Team uniforms are required to be worn during the official practice day, and Team Events.

2. Team Captains' Meeting

A team captains meeting will be held during the Solidarity session of the *Palarong Pambansa* to discuss the schedule, uniform requirements, latest rules or rule modifications, medals to be awarded and other important matters.

3. Official Practice Day

An official practice day shall be held one day before the start of the tournament on the actual tournament venue to familiarize the archers with the prevailing conditions at the tournament site. The tournament field must be laid out and all venue equipment should be in place. The official practice shall be controlled by the Director of Shooting and the Official Timer.

4. Inspection of Equipment

Initial inspection of archers' equipment will be conducted by the Judges Committee during the Official Practice Day. However, subsequent inspections may be done during the tournament to ensure adherence to equipment rules, provided that these will not affect the settings of the bow in question. Later violations, when found, will be penalized according to WA rules.

5. Practice Facilities

A practice field must be made available at least two (2) days before the Opening Ceremony of the *Palarong Pambansa*.

The tournament field may be used by the competitors for practice on all the days of the competition at times arranged by the tournament manager. However, all practice must cease fifteen (15) minutes before the start of competition.

XI. DETERMINATION OF WINNER

1. **Distance Rounds** (30M, 50M, 60M, 70M) Boys and Girls – Archers will be ranked according to their scores per distance. Top 3 archers who got highest score will win in every distance. Each distance will have a maximum score of 360 points.

2. **1440 Round** – The archers will be ranked according to their aggregate scores in the Distance Round. Top 3 archers who got the highest score will win. Maximum score is 1440.
3. **Olympic Round** – The archer who won from the series of matches at the Individual Matchplay will win. (see Individual Matchplay Chart – WA rules Book 3 annex)
4. **Mixed Team** – Top boy and top girl archer of each team who won a series of matches at the Mixed Team Matchplay chart.
5. **Team Event** – Teams who won a series of matches at the Team Matchplay Chart.

XII. PROPOSED SCHEDULE OF THE GAME

Day 1

07:30AM–07:45AM

07:45AM–08:00AM

08:00AM–08:20AM

08:30AM–11:00AM

9:00AM – 11:00AM

2:30PM – 5:00 PM

3:00PM – 5:00 PM

Official Practice Day

Assembly of Delegation Teams by Region

Parade of Delegation Teams

Opening Ceremony

Practice at 30, 50, 60, 70 meters – Girls

Equipment Inspection – Girls (by Region)

Practice at 30, 50, 60, 70 meters – Boys

Equipment Inspection – Boys ((by Region)

Day 2

6:30AM – 7:15AM

7:30AM – 8:50AM

9:15AM – 10:30PM

1:45PM – 2:30PM

2:45PM – 4:05PM

4:20PM – 5:40PM

1440 Round (Short Distances)

Warm-up at 30 meters – Girls

36 arrows at 30 meters – Girls

36 arrows at 50 meters – Girls

Warm-up at 30 meters – Boys

36 arrows at 60 meters – Boys

36 arrows at 70 meters – Boys

Day 3

6:30AM – 7:15AM

7:30AM – 8:50AM

9:15AM – 10:30PM

1:45PM – 2:30PM

1440 Round (Long Distances)

Warm-up at 60 meters – Girls

36 arrows at 60 meters – Girls

36 arrows at 70 meters – Girls

Warm-up at 60 meters – Boys

Day 4

6:30AM – 7:15AM

7:25AM – 7:45AM

7:55AM – 8:35AM

8:45AM – 9:25AM

9:35AM – 9:55AM

Individual Olympic Round Girls/Boys

Warm-up at 70 meters – Girls

1/32nd Eliminations – Girls/Boys

1/16th Eliminations – Girls/Boys

1/8th Eliminations – Girls/Boys

1/4th Finals – Girls/Boys

10:05AM – 10:25AM Semi-finals – Girls/Boys

2:00PM – 2:45PM Warm-up at 70 m – Mixed Team

3:00PM – 3:30PM 1/8th Eliminations

3:40PM – 4:10PM 1/4th Eliminations

4:20PM – 4:40PM Semi-finals

Day 5

6:45AM – 7:15AM

Team Olympic Round Girls/Boys

Warm-up at 70 meters – Team Event – Girls & Boys

7:30AM – 8:00AM

1/8th Eliminations – Girls

8:10AM – 8:40AM

1/8th Eliminations – Boys

8:50AM – 9:20AM

1/4th Eliminations – Girls/Boys

9:30AM – 10:00AM

Semi Final Rounds – Girls/Boys

MEDAL MATCHES (Alternate Shooting)

1:10PM – 1:30PM

Bronze Medal Match – Girls Individual

1:35PM – 1:55PM

Bronze Medal Match – Boys Individual

2:00PM – 2:20PM

Gold Medal Matches– Girls Individual

2:25PM – 2:45PM

Gold Medal Matches– Boys Individual

3:05PM – 3:25PM

Bronze Medal Match – Mixed Team Event

3:30PM – 3:50PM

Bronze Medal Match – Girls Team

3:55PM – 4:15PM

Bronze Medal Match – Boys Team

4:20PM – 4:40PM

Gold Medal Match – Mixed Team Event

4:45PM – 5:05PM

Gold Medal Match – Girls Team

5:10PM – 5:30PM

Gold Medal Match – Boys Team

5:35PM – 5:55PM

MEDAL CEREMONY

Note: Subject to change

XIII. SAFETY STANDARDS & PROTOCOLS

1. Archers, coaches, chaperon and officials are subject for thermal scanning and should sign in a logbook upon entry at the venue.
2. Archers, Coaches, chaperons, athletes and officials must bring their own sanitizer and disposable towel with them.
3. All equipment (bow, arrows, quiver etc.) should be cleaned with an appropriate disinfectant before and after their use in the field.
4. Follow the local rules regarding social distancing.
5. Always wear a mask, except when shooting.
6. Archers and their personnel should be able to enter and leave the training ground or field of play in a unidirectional way to avoid crossing the path of any person.

7. The maximum number of athletes and delegation official in the same area will be determined by the Tournament Management.
8. Be safe and respect others.