



2023 PALARONG PAMBANSA
July 29–August 05, 2023 • Marikina City

TECHNICAL GUIDELINES FOR **FOOTBALL**

I. EVENT AND AUTHORITY

The Department of Education (DepEd) in partnership with DILG and PSC shall conduct the Palarong Pambansa Football Competitions 2023 in accordance with the technical guidelines approved by the duly constituted Palarong Pambansa Board.

II. GENERAL RULES

The current Federation International de Football Association (FIFA) Laws approved by the International Football Federation Board including the latest amendment shall govern the Football Competitions including the approved ground rules specifically for the Palarong Pambansa Football Technical Guidelines.

III. ELIGIBILITY AND REGISTRATION OF PLAYERS

NSAC rules regarding age eligibility and qualification of athletes and accreditation/qualification of coaches shall strictly follow.

IV. COMPOSITION OF CONTINGENT

1. NUMBER OF PLAYERS AND OFFICIALS IN EACH TEAM

Each delegation shall consist of not more than twenty (20) persons made up of:

1. Maximum of 18 players
2. Two (2) officials
3. Two teams, each consisting of not more than eleven (11) players, one of whom is the goalkeeper, play a match. A match may not start if either team consists of fewer than seven (7) players.

2. EQUIPMENT

Players are required to wear their complete uniform comprised of:

1. Jersey with number
2. Shorts
3. Long Socks
4. Shin guards
5. Compulsory wearing footwear's (Barefoot will not be allowed to play).

In addition, the captain of the team is required to wear the Captain's Band around his left arm to enable the referee to distinguish him from the rest of the team.

3. COLORS

1. Each team shall wear its official colors (first official uniform) as declared in the coaches meeting.
2. If a team has a second set of uniform (color should be contrasting with that of the first official uniform, this should be likewise declared. Teams are obliged to use their first official outfit for all matches.
3. All teams are obliged to bring along their official/first and spare/second outfits during the Coaches Meeting and to every match. If, in the opinion of the Tournament Director and the Referee, the colors of the two opposing teams clash, the outfits must be changed, whereby the spare/second outfit may be used as a whole or in combination.
4. In the event that both teams do not have spare/ second outfits, one of the teams shall be obliged to wear vests. A toss of the coin, supervised by the referee, shall determine which team must wear the vests.
5. Goalkeepers must be provided with jersey of a color different from that of team colors. (If the goalkeeper is used as a field player, he should wear the same number in which he was registered.)
6. All players shall wear registered number in a color contrasting with the color of their jersey.
7. All players shall play in jersey bearing numbers in which they were originally registered.
8. No sponsors are allowed in the player's uniform but only the name Region.
9. All uniforms must have a number in front and back
The height of front number, max is 15 cm (5.9 inches) and minimum 10 cm (3.9 inches), 3 to 5 cm (1.5-2 inch) thick.
The height of back number, max 35 cm (13.7) inches and minimum 25 cm (9.8) inches, 3 to 5 cm thick.
10. Names must be at least 4 cm above the numbers and the height of names is at least 5 cm to 7 cm.
11. Surname should be written in the back of jersey and not the first name.
12. Colors of the Number and Names must be in contrast of the dominant jersey color.
13. Jersey Number must be from 1- 18, other numbers are not allowed in the jersey.

V. MODE OF COMPETITION (Provisions should only refer to the National Palaro)

1. In the Palarong Pambansa only 8 teams will qualify divided into 2 groups.
2. The mode of competition is elimination, semifinals and finals
 - 2.1 Fixture of elimination is single round robin with no extension
 - 2.2 Fixture of semifinal, if tied a 10 minute (5-5) extension up to finals
 - 2.3 Top A1 vs Top B2
 - 2.4 Top B1 vs Top A1
 - 2.5 Finals
 - 2.6 Loser 1 vs Loser 2
 - 2.7 Winner 1 vs Winner 2
3. To break ties, after the points were considered in the elimination, the following system will be applied for the qualifiers for the next round:
 - 3.1 Goal difference.
 - 3.2 Greater number of goals scored.
 - 3.3 Result of the match between the teams concerned (winner over the other)
 - 3.4 Less number of points from of Yellow Card (YC) and Red Card (RC).
(YC = 1, RC = 2, VC = 3)
 - 3.5 Kicks from the penalty mark if the teams involved are still on the field of play.
4. Points in Competition and system to break a tie:
 - 4.1. In the group eliminations
 - 4.2. Three (3) points shall be awarded for a win and;
 - 4.3. One (1) point for a draw;
 - 4.4. And 0 point for a loss.
 - 4.5. For a team non-appearance (default) during their match the score of 3-0 is awarded in favor of the opposing team.
 - 4.6. However, in any case team Non Appearance (defaulted) their match and it may affect the other team GOAL DIFFERENCE (GOAL SCORED minus GOAL AGAINST) requirement, the required number of goals to qualify will be awarded to the other team. This rule is to be applied to all rounds of the competition.
 - 4.7. Similarly, the same rule stated above is applied to abandoned matches. In abandoned matches the 15/15 grace period rule is applied.

5. DURATION OF THE MATCH AND EXTENSION TIME

5.1. Elimination round

5.2. Boys Secondary 35-10-35 no extension

5.3. Boys Elementary 25-10-25 no extension

5.4. In the championship match, there will be an extension time of ten (10) minutes, two (2) halves of 5 minutes with no interval, the extension time will be played out in its entirety and the teams that scores the most goals at the end will be declared winner. If after the extension time, no winner has been declared, five (5) kicks shall be taken from the penalty mark will be applied to determine the winner. If after the five (5) kicks from the penalty mark shall be taken to kicks there is still no winner, each team will have one (1) penalty kick wherein the "Sudden Death" rule shall be applied.

Penalty procedure; encroachment of GK, not caution able offense.
Goalkeeper not moving and feet must be on the line.

6. MATCH REGULATIONS

6.1. Substitution

6.2. Not more than 7 players may be substituted during a match from the reserve players who must be registered before the start of each match.

6.3. The substitution form must be accomplished and signed by the head coach before any substitution of a player could be made.

6.4. Any players substituted cannot re - enter the field of play.

6.5. Three opportunities are applied for Substitution Procedure, without counting the Half time break.

(All 7 substitutions can enter the game, regular substitution. however, the process of counting enter the field is only 3 times except halftime.)

7. PLAYERS CAUTION OR DISMISSED FROM THE FIELD OF PLAY.

7.1. Any player who receives two (2) cautions (yellow card) shall automatically be suspended for the match following the match in which he receives the second caution. Player who received 4 YC is suspended for whole tournament.

7.2. Any player expelled due to Violent Conduct or serious foul play from the field of play by a referee shall be suspended for:

7.2.1	Serious Foul Play	1 Match
7.2.2	Violent conduct	2 Match
7.2.3	Initiated Free for all	Disqualification

- 7.3. For a second red card, the player shall not be allowed to participate in any match for the duration of the tournament.
- 7.4. Disciplinary measures such as a caution, expulsion and suspension of players and officials shall be carried to the semifinals and finals.
- 7.5. Officials, expelled from the bench are suspended for 2 matches. Second expulsion means disqualification from the tournament.
- 7.6. However, if the team's medical staff is expelled from field of play and no one will take care of the team injuries the medical staff may sit behind the team's Technical Area.

8. SUBSTITUTE' BENCH / TECHNICAL AREA

- 8.1. Only the following duly accredited persons are authorized to sit on the substitutes' bench / technical area.
- 8.2. Maximum of 7 substitutes players have to be seated (except for warm-up and giving water to teammates).
- 8.3. A suspended player is not allowed to sit on the bench except during the match and the next succeeding match.
- 8.4. Maximum of two (2) team officials.
- 8.5. Only one person at a time is authorized to convey tactical instruction.
- 8.6. Only the Coach or another designated person can stand to deliver an instruction.
- 8.7. If an official is thrown out of the game, he has to leave the inner Zone area.
- 8.8. The behavior of the persons on the substitute bench area must conform to FIFA's fair play policy.
- 8.9. The coach and other officials must remain within the confines of the technical area except in special circumstances: for example, a doctor or a physiotherapist entering the field of play, with the referee permission to assess an injured player.
- 8.10 Any insulting and abusive physical contact, gestures and language to match officials is severely sanctioned based on the PFF code of conduct.

9. WARM UP BEFORE AND DURING THE MATCH

9.1 Depending on the weather and the condition of the field (to be judge by the tournament Director/Match Commissioner). The team will be allowed to warm up on the half of the pitch closest to their respective bench without ball.

During actual play:

9.2 A maximum of 5 players from each team may warm up at the same time but without the ball, behind the goal closest to their respective bench with 1 asst coach

10. GRACE PERIOD

No grace period from the official schedule time of the match will be applied. Teams are advice to be in the playing venue at least thirty (30) minutes before the schedule match to avoid default.

11. VIOLENCE BY PLAYER AND / OR OFFICIALS

Any player or team officials reported by the referee or by a Tournament Official for indiscipline or violent conduct shall be dealt with severely in accordance with the PFF Catalogue of Punishments. Reports on such cases shall be submitted to the disciplinary committee for further action if deemed fit.

1. Abusive Language and gestures -2 games suspension
2. Physical contact and abuse to Match officials -Disqualified from tournament
3. Harassment and Threats (verbal & gestures) -Disqualified from tournament

12. REFEREES AND ASSISTANT REFEREES

12.1 All matches will have an official referee.

12.2 The referee's decision is final and must be respected.

12.3 No protest will be entertained regarding the decisions of the referee.

12.4 When the referees restarted the match, they cannot have overturned previous decisions. He can only change his decision before the restart.

12.5 Video evidences are not considered to change the outcome of the match.

13. FORCE MAJEURE

13.1 Considering the safety of all concerned, the undetermined weather conditions have prompted the tournament organizers to consider the possibility of games being terminated before regulation time. In such cases the following rules will be apply.

13.2 If the match cannot start as scheduled due to FORCE MAJEURE, a period of time (determined by the tournament officials) (15/15) will be allowed for weather

conditions to improve for play to resume. If after such time, conditions still do not permit play, **the game will be rescheduled at the bottom of the schedule.**

3.1 If the match had started and is subsequently terminated due Force Majeure (ex. inclement weather conditions), a period of time will be allowed to for conditions to improve for play to resume. If after such time, condition still does not permit play, the match will be rescheduled if;

13.1.1. The goal difference is two (2) or less.

13.1.2. If the match is terminated during the first half.

13.1.3. Rescheduled matches will start with clean score sheets.

13.1.4. Sanctions are carried over to the re scheduled matches

13.1.5. The team that leads by three (3) goals will be declared winner.

13.1.6. If the match is terminated in the second half after the 15/15 rule is applied the score of the match is upheld at the time of stoppage.

13.1.7. If under the same conditions and the match is terminated after the considerable amount of time into the second (2nd) half with tied score, the game will be declared a draw except in the semi-finals, and later stages where a penalty shootout will be implemented

14. TOURNAMENT DIRECTOR / COMMISSIONER

The Tournament Director / Commissioner has the prerogative to decide on matters directly affecting the tournament. In the absence of the match commissioner the assistant Match Commissioner appointed and will decide in lieu of the Match Commissioner

VI. PROTEST, PENALTIES AND SANCTIONS

PROTEST

1. Protest on technicalities shall be put in writing, signed by the coach and the head of the regional delegation. It should be submitted to the Tournament Director (TD) within one (1) hour immediately after the conclusion of the match in protest. The TD shall decide within two (2) hours upon receipt of the protest.
2. All protests must be supported with the necessary evidence and attachments. Video recordings taken privately will not be considered as evidence.
3. The decision of the TD shall be appealable. Only questions on laws are appealable to the Jury of Appeal. Appeals shall be put in writing, signed by the head of delegation and shall be submitted to the Jury within three (3) hours upon receipt of the decision.

4. The Jury of Appeals shall decide within six (6) hours upon receipt of the written appeal. The decision made by the Jury is final, irrevocable, and executory.

APPEARANCE OF THE TEAM

Team should be at the venue at least thirty (30) minutes before the schedule time and should be already warmed up five (5) minutes before the time while equipment to be used are being inspected.

VII. ABANDONED MATCH

Any Team that abandon their match due to protest or other reason and after an ample time was allowed for the team to reconsider (Maximum 15 minutes' allowance), the game is awarded to the opponent. The team that abandoned their match is disqualified from the tournament. Matter will be reported to their Head of delegation.

VIII. MATTERS NOT PROVIDED FOR

All matters not covered in this regulation shall be dealt accordingly by the Tournament Director / Match Commissioner, in the absent of any other rules Federation International de Football Association (FIFA) Rules will be applied. The Palarong Pambansa Football Disciplinary Committee decision regarding matter affecting the match is final and cannot be protested.

IX. THOSE ARE NOT COVERED BY THE TOURNAMENT GUIDELINES AND GROUND RULES, PFF Code of Conducts and or FIFA Laws will apply.