



2023 PALARONG PAMBANSA
July 29-August 05, 2023 • Marikina City

TECHNICAL GUIDELINES FOR VOLLEYBALL

I. GENERAL RULES:

1. This volleyball competition shall be held in accordance with the rules of International Volleyball Federation (FIVB) 2021-2024 Edition and as modified by and/or supplemented by the guidelines stated hereunder.
2. Any unforeseen event not covered by the rules shall be dealt as follows;
 - 2.1 Cases of general nature shall be resolved in accordance with the guidelines of Department of Education Palarong Pambansa; and;
 - 2.2 Technical questions shall be resolved in accordance with the Technical Guidelines, Rules & Regulations of Volleyball. All necessary interpretations are to be clarified during the solidarity/ or the General Technical Meeting.

II. ATHLETES' ELIGIBILITY

1. The provisions on the Eligibility of Athletes stipulated in the Enclosure 2 of DepEd Memorandum No. 5, s. 2023 shall apply.
2. Only athletes, coaches, assistant coaches and chaperons in the approved gallery of delegates shall be allowed to participate and compete.

III. COMPOSITION OF CONTINGENT:

Each cluster shall send the top two qualifiers in two (2) divisions and two (2) levels: Elementary Boys and Girls; Secondary Boys and Girls divisions.

1. Composition of a Team

- 1.1. Twelve (12) players including one (1) or two (2) liberos
- 1.2. One (1) Head Coach
- 1.3. One (1) Assistant Coach
- 1.4. One (1) Chaperon in case of Girls' team (female chaperon only)

IV. SPORTS SOLIDARITY MEETING:

1. Coaches and team captains of all participating teams are obliged to attend sports solidarity meeting or the general technical meeting to be able to clarify rules to be applied/adopted. Failure to attend waives its right to file neither protest nor complaint against any matter discussed and agreed during the meeting. It is also in this meeting that the coach of each participating team must:

Submit their hardcopy official entries to the volleyball tournament management to confirm officially its participation following the modified/simplified O-2 BIS Form with twelve (12) players including the LIBERO/S and three (3) or more officials -the Coach, Assistant Coach and the chaperon (in case of girls' team entry), Therapist, and Medical Doctor.

1.1 Attend the "Preliminary inquiry" in the said meeting and submit for inspection the two (2) team captain's uniform and that of the LIBERO.

2. All volleyball teams shall be furnished the whole schedule of games from the 1st to the last day of the **2023 Palarong Pambansa Volleyball Competition**.

V. DETERMINATION OF WINNER

1. HOW TO WIN A SET/MATCH

1.1 All games for the elementary boys and girls shall be played on a 2-out-of-3 sets following the "Rally Point System" A team which scores 25 points with a minimum lead of two (2) points wins a set. In case of a 24-24 tie, play is continued until a two-point lead is achieved i.e., 26-24;27-25; etc. should there be 3rd or deciding set, the change sides of court shall be at score 13 and the team which scores 25 points or with a minimum lead of two (2) points, wins a set.

1.2 All games for the secondary boys and girls during the preliminary rounds shall be played on a 2-out-of-3 sets following the Rally Point System. A team which scores 25 points with a minimum lead of two (2) points, wins a set. In case of a 24-24 tie, play is continued until a two-point lead is achieved \.e.,26-24;27-25; etc. Should there be 3rd or deciding set, the change sides of court shall be at score 13 and the team which scores 25 points or with a minimum lead of two (2) points, wins a set. Starting in the Semi-finals matches up to finals, games will be played on a 3-out-of-5 sets. Should there be fifth (5th) or deciding set, teams change sides of the court at score 8 and a team which scores 15 points or with a minimum lead of two (2) points, wins the set.

VI. CONDUCT OF COMPETITION:

1. The First Referee shall not permit any discussion about his/her decisions. Rule 23.2.4.,p. 47 FIVB
2. Referees accredited by DepEd and officially endorsed by their respective regions and core referees from the DepEd-NSA shall be selected by the Tournament Director and tapped to officiate and manage the volleyball games.
3. The rule of succession in scheduling games in all levels shall apply. Hence, teams shall be within the vicinity of the court forty five (45) minutes ahead of their scheduled time of play. Fifteen minutes prior to the start of the match, the 1st and the 2nd referees shall conduct the toss coin and game proceedings. Games shall start as scheduled.
4. Players, coaches, including identified team supporter, pointing dirty fingers, use of profane language or any derogatory remarks addressed to the officiating officials, shall be warned and repetition of the same offense warrants sanction. The team shall be sanctioned by loss of service or point against them if the spectator is identified to be the team supporter.
5. At the end of the match, team captains shall congratulate and shake hands with the Referees (a gesture of sportsmanship), sign the scoresheet to ratify the result of the match. (Rules 5 . 1 .3 . 1)
6. There shall be regular inspection of/checking of player's ID before

the start of the game.

7. Regional hymn shall be played during the team's warm-up on the net.

VII. SPORTSMANLIKE CONDUCT:

1. Participants must know the "official volleyball rules" and abide by them.
2. Participants must accept Referees' decision with sportsmanlike conduct, without disputing them. In case of doubt, clarification may be requested only through the game captain.
3. Participants must refrain from actions or attitudes aimed at influencing the decisions of the referees or covering up faults committed by their team.
4. Participants must behave respectfully and courteously in the spirit of FAIR PLAY, not only towards the referees but also towards other officials, the opponent, team-mates and spectators. (Rule 20.2.1)
5. MISCONDUCT LEADING TO SANCTIONS:

Incorrect conduct by a team member towards officials , opponents , team-mates or spectators is classified in three categories according to the seriousness of the offence.

- 5.1 Rude conduct: action contrary to good manners or moral principles.(rule 21.2.1)
- 5.2 Offensive conduct: defamatory or insulting words or gestures or any action expressing contempt. (rule 21.2.2)
- 5.3 Aggression: Actual physical attack or aggressive or threatening behavior. (rule 21.2.3)
- 5.4 SANCTION SCALE: According to the judgement of the 1st referee and depending on the seriousness of the offence, the sanctions to be applied and recorded on the scoresheet are: **Penalty, Expulsion or Disqualification** (Rule 21.3)

6. SUMMARY OF MISCONDUCT AND CARDS USED:

Warning: No sanction (rule 21.1)

Stage 1- verbal warning , Stage 2- Yellow Card

Penalty: Sanction: Red Card (rule 21.3.1)

Expulsion: Sanction: Red + Yellow cards jointly (rule 21.3.2)

Disqualification: Sanction: Red + Yellow cards separately (rule 21.3.3)

VIII. OFFICIAL VOLLEYBALL RULES, UNIFORM AND NET HEIGHT

1. The competition shall be played in accordance with the FIVB Rules 2021-2024 edition. All necessary interpretations shall be made before the competition, i.e., during the General Technical Meeting of Coaches and Referees.
2. A team must officially register and declare one (1) or two (2) LIBEROS prior to its first game or during the General Technical Meeting.
3. **THE LIBERO:** The coach has the option to field in any of the

LIBEROS. Replacement of Libero shall be unlimited among them.
In no instance that the two liberos shall be fielded at the same time in the same set. **The libero can be either team or game captain.**

4. **PLAYING UNIFORM:**

- 4.1 The playing uniform must be in conformity with the regional color and of the FIVB General Regulations.
- 4.2 Each team shall have an available of minimum of two (2) sets of playing uniforms (light and dark) color.
- 4.3 The player's number 1-20 shall be registered on the O-2 BIS, this form must be the same number on the uniform and shall be the same number to be used by the player throughout the **2023 Palarong Pambansa** Volleyball Competition.
- 4.4 The uniform of the LIBERO must be in contrast with team's color. (Rule: 4.3.1;19.2).
- 4.5 The number must be placed on the jersey at the center of the front and of the back.
- 4.6 The color and brightness of the numbers must contrast with the color and brightness of the jerseys.
- 4.7 The number must be a minimum of 15 cm in height on the chest, and a minimum of 20 cm in height on the back. The stripe forming the numbers shall be a minimum of 2 cm in width.
- 4.8 The team captain must have on his/her jersey a stripe of 8 x 2 cm underlining the number on the chest only.

5. **COACHES AND TEAM OFFICIALS' UNIFORM:**

The officials on the player's bench must wear polo shirt or T-shirt with collar. Team officials who are in short pants and/or in slippers shall not be allowed to participate during the warm-up and duration of the match. Teams without a registered team official before the start of their scheduled game shall lose the game by default. **'No Coach No Play'** rule shall apply. In case a team coach is thrown-out due to unsportsmanlike conduct, the team assistant coach may act as a coach upon request of the team captain. The "thrown-out" or "penalized coach" however still holds that responsibility to take care of his/her team after the game.

6. **NET**

- a. The net is 1 meter wide and 9.50 to 10 meters long (with 25 to 50 cm on each side of the bands) made of 10 cm square black mesh.
- b. Height of the Net:

Elementary Level:	Boys- 2.15 meters	Girls- 2.10 meters
Secondary Level:	Boys- 2.43 meters	Girls- 2.24 meters

7. **Playing Area**

- 7.1 The Playing area includes the playing court and the free zone. It shall be rectangular and symmetrical; and
- 7.2 The playing court is a rectangle measuring 18 x 9 m surrounded by free zone which is a minimum of 3 m on all sides. The free playing space is the space above the playing area which is free from any obstructions. The free playing space shall measure of 7 m in height from the playing surface.

8. 3-BALL SYSTEM

8.1 To avoid delay of games and to be able to finish the game within the prescribed period, three ball systems shall be applied. Teams are advised to tap the ball to the ball retriever's side.

IX. GROUPING PROCEDURE:

- 1. The eight (8) regions/teams shall be divided into two (2) groups A & B. Groupings based on the result of the 2023 Cluster Meet ranking.

Bracket A
Rank 1 Cluster 1
Rank 2 Cluster 2
Rank 1 Cluster 3
Rank 2 Cluster 4

Bracket B
Rank 2 Cluster 1
Rank 1 Cluster 2
Rank 2 Cluster 3
Rank 1 Cluster 4

Teams in each group shall play single round robin and shall be ranked accordingly. Ranked 3 and 4 of each bracket shall play for classification matches (5th-8th placers). Top two (2) teams in Group A & B shall advance to the semi-finals and play on the crossover (R1A vs R2B & R1B vs R2A). Losers will play for 3rd and 4th placers, respectively. The winners shall play for the championship (1st & 2nd Placers).

SEMI-FINALS (2 Games)

Rank 1A vs Rank 2B
Rank 1B vs Rank 2A

CLASSIFICATION (2 Games)

Rank 4A vs Rank 4B (7th to 8th)
Rank 3A vs Rank 3B (5th to 6th)

FINALS

Loser SF1 vs Loser SF2 (3rd and 4th)
Winner SF1 vs Winner SF2 (1st and 2nd)

2. CLASSIFICATION/RANKING OF TEAMS:

Classification of teams shall be considered in the following orders:

- 2.1 Number of Victories;** the teams shall be classified in descending order by the number of matches won.
- 2.2** In case of equality in the matches won, ranking points shall be considered.
- 2.3** The following points shall be awarded per match to each team:

3 SETS
Match Won (2-0) 3 points
Match Won (2-1) 2 points
Match Lost (1-2) 1 point
Match Lost (0-2) 0 point

5 SETS
Match Won (3-0) 3 points
Match Won (3-1) 3 points
Match Won (3-2) 2 points
Match Lost (2-3) 1 point

Match Forfeited	0 point	Match Lost (1-3)	0 point
		Match Lost (0-3)	0 point
		Match Forfeited	0 point

3. In case of equality of ranking points:

3.1 **SET QUOTIENT** - In case of equality in the number of matches won by two(2) or several teams, they shall be classified in descending order by the quotient resulting from the division of the number of all sets won by the number of all sets lost within in their bracket.

3.2 **POINTS QUOTIENT** - If the tie persists as per the set quotient (rule 12.2.4.1) they shall be classified in descending order by the quotient resulting from the division of all points scored by the total of points lost during all sets within their bracket; and

3.3 If tie continues as per the point quotient (rule 12.2.4.2) between two (2) teams, the priority shall be given to the team which won the last match between them. When the tie in point quotient is between three (3) or more teams, a new classification of these teams in term of (rule 12.2.4.1, (12.2.4.2) and shall be made taking into consideration only matches in which they were opposed to each other.

X. AWARDS:

1. AWARDS (MEDALS & CERTIFICATES)

a. Winners of the matches in respective category/division shall be awarded the following:

- Champion - 14 Gold Medals plus 14 pcs. Certificate of Recognition
- 1st Runner-up -14 Silver Medals plus 14 pcs. Certificate of Recognition
- 2nd Runner-up -14 Bronze Medals plus 14 pcs. Certificate of Recognition
- 3rd Runner-up - No Medal. Only 14 pcs. Certificate of Achievement

b. Certificates and corresponding medals shall be awarded to the mythical team (8) and the winning coach of the champion team.

NOTE:

All Volleyball Players must wear their regional official uniform in receiving the medals and certificate of participation during the volleyball awarding and closing ceremonies which shall follow immediately after the championship match.

XI. MISCELLANEOUS PROVISIONS:

1. PROTEST/COMPLAINTS:

- 1.1 See NSAC Guidelines; sec. 14; and
- 1.2 VIII. 1.2 all forms of misconduct during competition shall be subject to sanction in accordance with the sanction scale. (Rule 21.3)
- 1.3 Protest shall be in written form duly signed by the coach and noted by the Regional Sports Officer;
- 1.4 The protest shall be submitted to the Tournament Director within thirty (30) minutes after the match;
- 1.5 No protest will be entertained regarding judgement calls of the referees; and
- 1.6 Only technicalities of the game may be protested.

2. CONDUCT DURING COMPETITION AND CORRESPONDING PENALTIES:

3. PLAYERS AND COACHES ATTITUDE DURING GAMES

Participants must refrain from actions or attitudes aimed at influencing the decision of the referees, otherwise, the player/team/coach shall be issued verbal warning. Repetition of the same offense warrants penalty.

4. UNDER THE INFLUENCE OF LIQUOR:

Any member of the team found to be under the influence of liquor or drugs shall not be allowed to sit on the bench.

5. SANCTIONS:

All forms of misconduct during competition shall be subjected to sanction in accordance with the sanction scale. (Rule 22.3.)

6. DEFAULT:

A team that does not appear fifteen (15) minutes after the scheduled time of their game shall be declared in default in favor of the opposing team.

7. DEFAULT/FORFEITURE/WALK-OUT:

A team that declares its game in default, voluntary forfeiture and/or walks-out before or during the match shall be given zero (0) point. Chances are, it might entail exclusion from the next qualifying/ranking round. This rule applies from the preliminary up to the championship round. All matches previously played shall be declared forfeited with score: 0-2: (0-25;0-25) for two out of three sets and 0-3 (0-25;0-25;0-25) for three out of five sets.

8. VICTORY CEREMONIES AND OTHER PROTOCOLS

Victory ceremonies shall follow immediately after the conclusion of the Volleyball Competition. Coaches of top four (4) teams must advise their players to be in full of their regional uniform particularly those who will be receiving their awards.

9. PROTOCOL:

9.1 The Asian volleyball Confederation (AVC) protocol shall be adapted during the preliminary rounds and the championship matches.

9.2 All teams and players must be within the vicinity of the volleyball court 45 minutes prior to their scheduled game. Fifteen minutes prior to the match, the First Referee and the Second Referee shall conduct the toss coin and the other game proceedings. Games shall start as scheduled.

9.3 At the end of the match, team captains shall congratulate and shake hands with the Referees, a gesture of sportsmanship, and sign the score sheet to ratify the result of the match (Rule 5.1.3.1)

10. PROLONG INTERRUPTIONS:

Interrupted matches, even if it exceeds the four hours and played in another venue, match shall resume with the same scores, players, and position. Interrupted set shall continue normally with the scores of completed set/s kept as played.

11. UNFORSEEN ITEMS:

As regards to the specific items not expressly foreseen in this regulation, the Tournament Director shall decide in consultation with the General Rules and Guidelines contained in the FIVB and the **2023 Palarong Pambansa** Rules and Regulations.


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