


PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023
Results - PALARONG PAMBANSA 2023

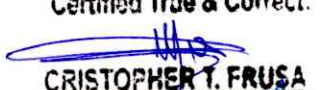
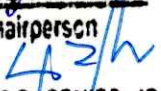
Event 1 Boys 13-18 400 LC Meter Freestyle SECONDARY

Name	Age	Team	Seed Time	Finals Time
1 Labanon, Paolo Miguel	18	Region 11	4:18.49	4:12.72
2 Alumbres, Matthew Thomas	18	Region 4A	4:22.12	4:21.91
3 Della, Anton Paulo Dominick	18	Region 1	4:29.74	4:22.18
4 Tumulac, Rain Andrei	18	Region 11	4:29.85	4:24.84
5 Radovan, Ivan Nicolas	18	Ncr	4:30.38	4:24.89
6 Evangelista, Aishel Cid	18	Ncr	4:30.59	4:27.50
7 Yu, Marc Justin	18	Region 6	4:35.36	4:27.68
8 Montera, Nimrod	18	Region 10	4:36.27	4:28.06
9 Tumulto, Edrol Rain	18	Region 4A	4:33.94	4:29.69
10 Polancos, Evenezir Jr	18	Region 12	4:11.77	4:31.01
11 Ong, Franz Anderson	18	Ncr	4:30.38	4:32.14
12 Parreño, Hans Inigo	18	Region 6	4:36.36	4:32.57
13 Rioflorido, Mark Bryan	18	Region 1	4:31.04	4:33.10
14 Coliyat, Guile Shaimond Rey	18	Region 4A	4:45.06	4:34.54
15 Marcelino, Meynard Geoff	18	Region 3	4:39.05	4:36.40
16 Rara, Lleyton Allen	18	Region 4A	4:35.76	4:36.92
17 De Kam, Julian Louwers	18	Region 4A	4:27.50	4:38.87
18 Malayang, Anton Rafaelle	18	Region 10	4:41.51	4:40.14
19 Cantil, Arvin Cedrick	18	Ncr	4:36.79	4:40.60
20 Dulin, Ethan Yuri	18	Region 4A	4:44.13	4:44.67
21 Medenilla, Gabriel	18	Ncr	4:45.01	4:44.85
22 Cadelino, Brent Dave	18	Region 4A	4:44.20	4:45.17
23 Orleans, Gavin Michael	18	Region 12	4:44.93	4:46.59
24 Ermac, Noah Alonzo	18	Ncr	4:41.51	4:51.14
25 Sajise, Admiel Percy	18	Ncr	4:47.76	4:53.19


Event 2 Girls 13-18 400 LC Meter Freestyle SECONDARY

Name	Age	Team	Seed Time	Finals Time
1 Talosig, Jie Angela Mikaela	18	Region 12	4:41.93	4:38.98
2 Chang, Athena Shannessa	18	Ncr	4:48.97	4:46.93
3 Doliente, Iliazel Fei	18	Ncr	5:05.84	4:50.20
4 Canda, Thea Diane	18	Region 12	4:55.36	4:51.10
5 Tionko, Kacie Gabrielle	18	Region 7	4:50.81	4:51.30
6 Mole, Kleon	18	Region 7	4:55.61	4:51.62
7 Santamaria, Daryn Joy	18	Region 1	4:50.62	4:51.80
8 Verzosa, Kylie Veronika	18	Car	5:00.14	4:52.23
9 Cabayaran, Alexi	18	Region 6	4:58.02	4:52.84
10 Ang, Grace Marianne	18	Ncr	5:02.33	4:53.07
11 Tabamo, Triza Haileyana	18	Region 3	5:02.21	4:53.31
12 Barretto, Maria Francesca	18	Region 4A	4:59.62	4:54.49
13 Balbuena, Rio Rafaelle	18	Region 4A	4:59.00	4:55.15
14 Lagunay, Athea Margarette	18	Region 10	5:03.85	4:55.54
15 Gonzales, Ilya Francine	18	Ncr	4:58.83	4:55.97
16 Amoguis, Liaa Margarette	18	Region 11	4:55.32	4:56.13
17 Subida, Renavive Rontessa	18	Region 4A	4:57.26	4:56.36
18 Malijan, Kaniezia Reign	18	Region 4A	4:59.23	5:01.64
19 Ato, Graziella Sophia	18	Region 1	5:02.34	5:04.49
20 Caluya, Anisha Eunice	18	Ncr	5:05.13	5:04.96
21 Tom, Aubrey	18	Ncr	4:56.64	5:07.67
22 Lopez, Iammejen	18	Ncr	5:04.54	5:09.63
23 Pleñago, Georgjeana	18	Region 6	5:04.54	5:12.03

Posted by: 
CRISTOPHER T. FRUSA
 Co-Chairperson
 Date/Time: 8/1/2023

PALARONG PAMBANSA
 Certified True & Correct:

CRISTOPHER T. FRUSA
 Co-Chairperson

DEOGRACIAS B. GENITO, JR.
 Chairperson
 Games Results, Communication & Documentation

Dep Ed
PALARONG PAMBANSA
RECEIVED
 8-1-23
 BY: JEN TIME:

Validated by: 
 Date: 8/1/2023
 Time: 4:45 pm

PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**Results - PALARONG PAMBANSA 2023****Event 3 Boys 7-12 400 LC Meter Freestyle ELEMENTARY**

Name	Age	Team	Seed Time	Finals Time
1 Lagnason, Christian Isaiah	12	Region 12	5:04.57	4:48.44
2 Alemania, Felix III	12	Region 12	4:58.79	5:01.85
3 Picardal III, Marcelino	12	Ncr	5:10.11	5:02.26

Event 4 Girls 7-12 400 LC Meter Freestyle ELEMENTARY

Name	Age	Team	Seed Time	Finals Time
1 Florendo, Liv Abigail	12	Region 1	5:04.38	4:55.87
2 Fetalvero, Makayla	12	Region 1	5:25.16	5:15.61
3 Leonardo, Ckryztyn	12	Region 10	5:26.67	5:18.79
4 Salac, Caelyn Dane	12	Region 3	5:22.41	5:21.50
5 Perez, Angellia Jane	12	Region 12	5:21.37	5:25.78
6 Ytang, Kate	12	Region 11	5:26.00	5:27.41
7 Celso, Maria Felisha	12	Region 3	5:27.82	5:28.14
8 Montalbo, Coraline	12	Region 6	5:37.18	5:32.02
9 Villarino, Zyra	12	Region 6	5:36.89	5:32.93

Event 5 Boys 13-18 100 LC Meter Backstroke SECONDARY

Name	Age	Team	Seed Time	Finals Time
1 Dean, Peter Cyrus	18	Region 4A	1:02.76	1:00.69
2 De Leon, Jennuel Booh	18	Region 6	1:03.31	1:00.85
3 Cruz, Lance Rafael	18	Ncr	1:01.25	1:01.17
4 Enot, Ivo Nikolai	18	Ncr	59.72	1:01.21
5 Cabana, Yohan Mikhail	18	Ncr	1:01.02	1:02.28
6 Alagon, John Marocenel	18	Region 4A	1:04.15	1:03.00
7 Sayson, Marco Juan	18	Region 7	1:03.62	1:03.56
8 Escat, Rolando Jr	18	Region 1	1:03.31	1:03.57
9 Miranda, Dave Amacquel	18	Region 3	1:06.02	1:04.06
*10 De Kam, Julian Louwers	18	Region 4A	1:04.04	1:04.16
*10 Requiza, Pietro Dominic	18	Region 11	1:04.76	1:04.16
12 Belen, Ryian Zach Danzel	18	Region 1	1:04.65	1:04.60
13 Rioflorido, Mark Bryan	18	Region 1	1:04.39	1:04.61
14 Bondoc, Arthur Reign	18	Ncr	1:05.73	1:04.85
15 DeLa Serna, Mike Gabrielle	16	Region 7	1:03.66	1:04.91
16 Hatazawa, Kensaku	18	Region 4A	1:05.25	1:05.03
17 Chua, Ethan	18	Ncr	1:04.05	1:05.23
18 Magan, Rexcel Paul	18	Region 12	1:03.40	1:05.34
19 Tebar, Niel Joaquin	18	Region 11	1:05.24	1:05.52
20 Araño, Luke Amber Matthew	18	Region 4A	1:05.94	1:06.38
21 Rara, Lleyton Allen	18	Region 4A	1:05.58	1:06.58
22 Gaerlan, Matthew	18	Region 1	1:03.31	1:07.03

Event 6 Girls 13-18 100 LC Meter Backstroke SECONDARY

2023: 1:06.58 * 2018

Coronel, Samantha Therese

Name	Age	Team	Seed Time	Finals Time
1 Fernandez, Quendy	18	Region 4B	1:08.75	1:06.35*
2 SY, Mishka	18	Ncr	1:08.54	1:07.11
3 Cruz, Fj Catherine	18	Region 3	1:09.94	1:08.14
4 Villa, Ishaelle Mae	18	Region 4A	1:10.68	1:09.00
5 Ortiguera, Trixie	18	Region 3	1:10.41	1:09.87
6 Amoguis, Lora Micah	18	Ncr	1:10.65	1:10.20
7 Sarmiento, Jan Karylle	18	Region 3	1:09.94	1:10.43
8 Uy, Maxene	18	Region 6	1:10.02	1:10.67

PALARONG PAMBANSA

Certified True & Correct:

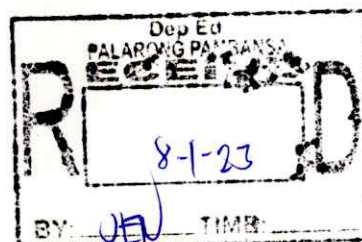
CRISTOPHER T. FRUSA

Co-Chairperson

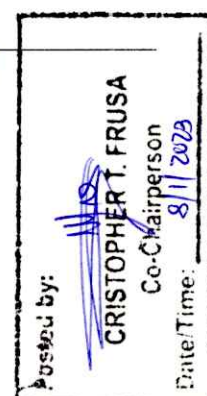
DEOGRACIAS A. GENITO JR.

Chairperson

Games Results, Communication & Documentation



Validated by **JP RAYNES**
 Date **8/1/2023**
 Time **4:45 pm**



PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023
Results - PALARONG PAMBANSA 2023

(Event 6 Girls 13-18 100 LC Meter Backstroke SECONDARY)

Name	Age	Team	Seed Time	Finals Time
9 Baraquiel, Shania Joy	18	Region 4A	1:12.20	1:10.97
10 Pabellon, Saira Janelle	18	Region 12	1:09.10	1:10.99
11 Asis, Yxa Gabrielle	18	Ncr	1:11.84	1:11.55
12 Ranjo, Zia Noele	18	Region 4A	1:14.13	1:11.99
13 Requiza, Stacey Bernice	18	Region 11	1:11.24	1:12.40
14 Seloterio, Andrea	18	Region 6	1:12.71	1:12.44
15 Wong, Ashley Juliet	18	Ncr	1:11.34	1:13.08
16 Perez, Manuelle Louise	18	Ncr	1:11.20	1:13.14
17 Rejuso, Alexandra Marie	18	Ncr	1:13.20	1:13.61
18 Estrella, Martina Anela	18	Region 8	1:13.62	1:14.23
19 Perez, Joan Catherine	18	Region 6	1:13.14	1:14.51
20 Palmos, Loreen	18	Ncr	1:13.84	1:15.15
21 Estrada, Nova Rea	18	Region 12	1:12.81	1:16.30
22 Doton, Jann Mavreen	18	Region 12	1:14.16	1:16.86

Event 7 Boys 7-12 100 LC Meter Backstroke ELEMENTARY

Name	Age	Team	Seed Time	Finals Time
1 Lonzaga, Archibald Nicolas	12	Region 11	1:14.49	1:11.38



Event 8 Girls 7-12 100 LC Meter Backstroke ELEMENTARY

Name	Age	Team	Seed Time	Finals Time
1 Matiling, Anika Kathr	12	Region 6	1:17.01	1:14.58
2 Lim, Claine Briana	12	Ncr	1:18.02	1:14.76
3 Celso, Maria Felisha	12	Region 3	1:18.96	1:15.05
4 Casona, Rhian Casey C	12	Region 7	1:22.87	1:15.96
5 Secuelan, Savannah	12	Region 6	1:19.31	1:16.74
6 Nahe, Xyris Solaine	12	Ncr	1:19.70	1:18.86
7 Tarroza, Samantha Zihn	12	Region 12	1:22.53	1:19.18
8 Sostinto, Keziah Denise R	11	Region 7	1:21.54	1:19.63
9 Aguila, Rhyanna Marie	12	Region 4A	1:22.28	1:19.99
10 Perez, Angellia Jane	12	Region 12	1:18.58	1:20.52
11 Morgia, April Erica	12	Region 10	1:22.67	1:21.56
12 Aquino, Simran MC Colinet	12	Region 1	1:23.22	1:22.10
13 Bancud, Alexi Eden	12	Region 11	1:20.00	1:23.16

Event 9 Boys 13-18 100 LC Meter Breaststroke SECONDARY

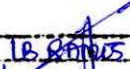
Name	Age	Team	Seed Time	Finals Time
1 Espiritu, Francis Greg	18	Region 11	1:07.89	1:06.28
2 Taguinod, Jalil Sephram	18	Ncr	1:06.02	1:06.82
3 Tirol, Victoriano Martin IV	18	Ncr	1:11.41	1:09.01
4 Pabalan, Morie Rylan	18	Ncr	1:09.21	1:09.16
5 Gordoncillo, Aaron Wade	18	Region 7	1:11.72	1:10.57
6 Herera, Carlos Jaquin	18	Region 3	1:11.01	1:10.62
7 Canlas, Ashby Jayce	18	Region 4A	1:13.94	1:10.71
8 Santos, Seb Rafael	18	Region 3	1:11.75	1:10.85
9 Ole, Rafael Cyron	18	Region 4A	1:13.02	1:11.01
10 Medenilla, Juakin	18	Ncr	1:11.71	1:11.13
11 Suarez, Juan Alessandro	18	Region 11	1:13.24	1:11.20
12 Mata, Em-Ji	18	Region 7	1:11.37	1:11.34
13 Basco, Lance Xyron Jebriel	18	Region 4B	1:11.26	1:11.41
14 Taguinod, Joaquin Seraphin	18	Region 2	1:13.83	1:12.42
15 Panquico, Bebeboy	18	Ncr	1:14.07	1:12.55

Posted by: 
CRISTOPHER T. FRUSA
 Co-Chairperson
 Date/Time: 8/1/2023

PALARONG PAMBANSA
 Certified True & Correct:

CRISTOPHER T. FRUSA
 Co-Chairperson

DEOGRACIAS B. GENITO, JR.
 Chairperson
 Sports Results, Communication & Documentation

Dep Ed
 PALARONG PAMBANSA

 BY:  TIME:

Validated by: 
 Date: 8/1/2023
 Time: 4:45 pm

PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023

Results - PALARONG PAMBANSA 2023

(Event 9 Boys 13-18 100 LC Meter Breaststroke SECONDARY)

Name	Age	Team	Seed Time	Finals Time
16 Castor, Troy	18	Region 6	1:12.30	1:12.86
17 Mirasol, Joaquin Federico	18	Ncr	1:12.43	1:13.25
18 Salinas, Rayne Japhet	18	Region 3	1:11.78	1:13.38
19 Viñas, Brendan Daniel	18	Region 4B	1:12.90	1:13.76
20 Calderon, Joart	18	Region 4A	1:12.86	1:14.13
21 Mallari, Cris Jemuel	18	Region 3	1:12.79	1:14.23
22 DE Emoy, Carl Joseph	18	Region 6	1:14.08	1:14.45
23 Dasig, Matthew Cameron	18	Region 4A	1:13.38	1:14.89
24 Castro, Shawn Joseph	18	Ncr	1:14.43	1:16.70

Event 10 Girls 13-18 100 LC Meter Breaststroke SECONDARY

Name	Age	Team	Seed Time	Finals Time
1 Delos Santos, Clara Yzabela	18	Ncr	1:17.42	1:16.63
2 Mabalay, Beatriz	18	Region 5	1:19.35	1:16.89
3 Floriano, Shairinne	18	Region 4A	1:18.48	1:17.18
4 Doliente, Iliazel Fei	18	Ncr	1:21.28	1:19.40
5 Gregorio, Daniella Anne	18	Region 4A	1:21.31	1:19.94
6 Andaya, Renz	18	Region 4A	1:21.39	1:20.20
7 Garcia, Maica Angela	18	Region 11	1:21.58	1:20.68
8 Magale, Hannah	18	Region 4A	1:23.24	1:21.02
9 UY, Reiko Philomena	18	Ncr	1:24.78	1:21.42
10 Catedrilla, Dee Vianne	18	Region 6	1:22.01	1:21.56
11 Coleman, Riannah Chantelle	18	Region 3	1:22.02	1:22.17
12 Torrico, Angela Claire	18	Ncr	1:23.23	1:22.20
13 Sahagun, Rissa Angelian	18	Region 11	1:22.66	1:22.53
14 Borromeo, Kheen	18	Region 5	1:22.58	1:22.87
15 Napallatan, Kriztel	18	Region 6	1:21.95	1:23.02
16 Encarnacion, Roz Ciaralene	18	Ncr	1:20.04	1:24.03
17 Ladip, Ayqana	18	Ncr	1:23.22	1:24.06
18 Carino, Marien Sofia	18	Region 12	1:20.50	1:24.23
19 Oyaman, Gerice	18	Region 1	1:23.37	1:24.28
20 Catayas, Mira Chlaire	18	Region 11	1:23.55	1:24.97
21 Pasang, Angela	18	Region 4A	1:24.25	1:26.29
22 Enriquez, Jamaica	18	Region 1	1:25.00	1:26.36
23 Nadunza, Riza Nina	18	Ncr	1:25.23	1:26.70
24 Tarroza, Charise	18	Region 12	1:22.41	1:27.27

Event 11 Boys 7-12 100 LC Meter Breaststroke ELEMENTARY



Name	Age	Team	Seed Time	Finals Time
1 Fernandez, Karl Emmanuel	12	Region 7	1:18.00	1:14.57
2 Navo, Reichard Neilson	12	Region 4A	1:23.61	1:19.30
3 Crisostomo, Neil Martin	12	Region 3	1:23.00	1:19.93
4 Boletche, Cristoffe	12	Region 4A	1:24.97	1:25.57

Event 12 Girls 7-12 100 LC Meter Breaststroke ELEMENTARY

Name	Age	Team	Seed Time	Finals Time
1 David, Krystal Ava	12	Ncr	1:21.48	1:17.98*
2 Villanueva, Azula Elise	12	Region 3	1:28.40	1:24.79
3 Hengania, Cathlene	12	Region 10	1:25.89	1:25.48
4 Caruncho, Jan Eowyn	12	Car	1:28.86	1:26.08
5 Tañan, Mariz Arianne	12	Region 10	1:26.44	1:26.69

2023: 1:19.35 * 2018 2013 GAVINO RAISSA NCR

Pushed by:
CRISTOPHER T. FRUSA
 Co-Chairperson
 Date/Time: 8/1/2023

PALARONG PAMBANSA
 Certified True & Correct:

CRISTOPHER T. FRUSA
 Co-Chairperson

DEOGRACIAS B. GENITO JR.
 Chairperson

Dep Est
PALARONG PAMBANSA
RECORDED
 8-1-23
 BY: JEN TIME:

Validated by: **IB RAMOS**
 Date: 8/1/2023
 Time: 4:45 pm

PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023

Results - PALARONG PAMBANSA 2023

(Event 12 Girls 7-12 100 LC Meter Breaststroke ELEMENTARY)


Name	Age	Team	Seed Time	Finals Time
6 Billanes, Chelsea Marie	12	Region 6	1:27.71	1:29.28
7 Fetalvero, Makayla	12	Region 1	1:29.10	1:32.13
8 Villanueva, Yshmaela Raine	12	Region 1	1:29.16	1:36.58



Event 13 Boys 13-18 400 LC Meter IM SECONDARY

Name	Age	Team	Seed Time	Finals Time
1 Dean, Peter Cyrus	18	Region 4A	4:59.52	4:53.29
2 Rivilla, Coby Marcus	18	Region 8	5:06.49	4:56.58
3 Chua, Ethan	18	Ncr	4:59.44	4:57.08
4 Polancos, Evenezir Jr	18	Region 12	4:50.48	4:57.39
5 Evangelista, Aishel Cid	18	Ncr	4:58.70	4:59.05
6 Montera, Shiblun	18	Region 10	5:19.79	5:05.36
7 Espiritu, Francis Greg	18	Region 11	5:08.21	5:05.98
8 Tumulto, Edrol Rain	18	Region 4A	5:07.50	5:06.10
9 Villanueva, Samuel Ieuan	18	Ncr	5:10.94	5:07.76
10 Ubaldo, Franz Isaac	18	Region 4A	5:07.40	5:08.74
11 Gonzalvo, Gilbert Rodevic	18	Region 4A	5:16.80	5:12.42
12 Baculna, Cris Anthony	18	Region 12	5:08.60	5:12.61
13 Marcelino, Meynard Geoff	18	Region 3	5:09.72	5:13.05
14 Aroma, Clint Steven	18	Region 12	5:07.33	5:16.95
15 DeLa Serna, Mike Gabrielle	16	Region 7	5:21.88	5:19.03
16 Cabana, Yohan Mikhail	18	Ncr	5:07.40	5:19.85
17 Mabilog, Jason Clark	18	Region 4A	5:12.58	5:20.62
18 Rey-Matias, Matthew	18	Ncr	5:24.32	5:22.29
19 Gutana, Intnyr	18	Region 6	5:21.25	5:27.18
20 Adalin, Lance Edrick	18	Ncr	5:26.04	5:31.46
21 Mirasol, Joaquin Federico	18	Ncr	5:21.05	5:36.82
--- Della, Anton Paulo Dominick	18	Region 1	5:08.84	DQ
--- Coliyat, Guile Shaimond Rey	18	Region 4A	5:25.87	DQ


Event 14 Girls 13-18 400 LC Meter IM SECONDARY

Name	Age	Team	Seed Time	Finals Time
1 Amoguis, Liaa Margarete	18	Region 11	5:30.32	5:28.69
2 Barretto, Maria Francesca	18	Region 4A	5:36.12	5:31.97
3 Canda, Thea Diane	18	Region 12	5:37.73	5:32.51
4 Subida, Renavive Rontessa	18	Region 4A	5:45.54	5:33.74
5 Santamaria, Daryn Joy	18	Region 1	5:31.19	5:34.88
6 Balbuena, Rio Rafaelle	18	Region 4A	5:40.46	5:35.25
7 Sales, Hannah Rafflyn	18	Ncr	5:35.57	5:35.92
8 Mole, Kleon	18	Region 7	5:47.38	5:39.36
9 Sahagun, Rissa Angelian	18	Region 11	5:39.18	5:39.81
10 Bulaga, Kyla Louise	18	Region 1	6:01.07	5:41.81
11 Tom, Aubrey	18	Ncr	5:34.35	5:46.73
12 Guzman, Mikyla	18	Ncr	5:58.14	5:47.17
13 Mamucod, Lindsay Eleanore	18	Ncr	5:59.59	5:47.39
14 Orada, Julia Sohlen	18	Region 6	6:02.30	5:52.13
15 Alcazar, Ysabella Jean	18	Ncr	5:55.24	5:53.43
16 Caluya, Anisha Eunice	18	Ncr	5:54.54	5:54.28
17 Sarmiento, Jan Karylle	18	Region 3	5:59.61	5:55.94
18 Bee, Stacey	18	Region 6	5:59.51	5:56.11
19 Borres, Marie Joe	18	Region 6	6:01.70	6:05.65
20 Mendoza, Unah Eldeyen	18	Region 1	5:53.13	6:07.47

Posted by: 
CRISTOPHER T. FRUSA
 Co-Chairperson
 Date/Time: 8/1/2023

PALARONG PAMBANSA
 Certified True & Correct:

CRISTOPHER T. FRUSA
 Co-Chairperson

DEOGRACIAS B. GENITO, JR.
 Chairperson

RECORDED
 8-1-23
 BY JEL TIME

Validated by: 
 Date: 8/1/2023
 Time: 4:45pm

PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023

Results - PALARONG PAMBANSA 2023

(Event 14 Girls 13-18 400 LC Meter IM SECONDARY)

Name	Age	Team	Seed Time	Finals Time
--- Santor, Patricia Mae	18	Ncr	5:35.49	DQ

Event 15 Boys 13-18 200 LC Meter Medley Relay SECONDARY

2023: 1:51.18 * 2018

NCR

SY, ROTONI, GUERERO, TING

Team	Relay	Seed Time	Finals Time
1 Ncr	A	1:51.00	1:49.47*
1) Enot, Ivo Nikolai 18	2) Taguinod, Jalil Sephram 18	3) Radovan, Ivan Nicolas 18	4) Parto, Hugh Antonio 18
2 Region 6	A	1:46.18	1:50.15*
1) De Leon, Jennuel Booh 18	2) Magno, Lance Nathan 18	3) Buncio, Earl Jude 18	4) Castor, Troy 18
3 Region 11	A	NT	1:51.09*
1) Tebar, Niel Joaquin 18	2) Espiritu, Francis Greg 18	3) Labanon, Paolo Miguel 18	4) Tumulac, Rain Andrei 18
4 Region 4A	A	NT	1:51.26
1) Dean, Peter Cyrus 18	2) Canlas, Ashby Jayce 18	3) Garzon, Kaelan Bryce 18	4) Umali, Eric Jacob 18
5 Region 3	A	1:48.20	1:54.04
1) Miranda, Dave Amacquel 18	2) Santos, Seb Rafael 18	3) Medina, Shan Kervie 18	4) Delizo, Jabrielle Marcos 18
6 Region 7	A	1:54.00	1:54.62
1) Sayson, Marco Juan 18	2) Mata, Em-Ji 18	3) Sabalande, Quintin Zee 18	4) Autida, Brian 18
7 Region 1	A	1:58.38	1:54.89
1) Belen, Ryian Zach Danzel 18	2) Ricohermoso, Jush Czar 18	3) Caoile, AJ 18	4) Embesan, Paulo 18
8 Region 12	A	1:55.00	1:56.36
1) Magan, Rexcel Paul 18	2) Polancos, Evenezir Jr 18	3) Laude, Von Hector 18	4) Bidal, Glenn Daniel 18

Event 16 Girls 13-18 200 LC Meter Medley Relay SECONDARY

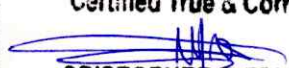
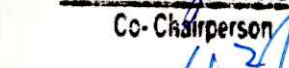
Team	Relay	Seed Time	Finals Time
1 Region 3	A	2:02.19	2:04.93
1) Sarmiento, Jan Karylle 18	2) Coleman, Riannah Chantell 18	3) Sarmiento, Franchesca Nic 18	4) Ortiguera, Trixie 18
2 Ncr	A	2:05.40	2:04.95
1) Perez, Manuelle Louise 18	2) Delos Santos, Clara Yzabela 18	3) Obebe, Paulene Beatrice 18	4) Wong, Ashley Juliet 18
3 Region 4A	A	NT	2:06.09
1) Baraquiell, Shania Joy 18	2) Gregorio, Daniella Anne 18	3) Villa, Ishaelle Mae 18	4) Pasang, Angela 18
4 Region 6	A	2:06.78	2:09.64
1) Seloterio, Andrea 18	2) Catedrilla, Dee Vianne 18	3) Napallatan, Kriztel 18	4) Dejilla, Juliana 18
5 Region 11	A	NT	2:12.73
1) Requiza, Stacey Bernice 18	2) Catayas, Mira Chlaire 18	3) Amoguis, Liaa Margarette 18	4) Sahagun, Rissa Angelian 18
6 Region 5	A	2:11.00	2:13.49
1) Briguera, Vishnupriya Dasi 18	2) Mabalay, Beatriz 18	3) Amaro, Alnessie 18	4) Advincula, Samantha Chloe
7 Region 12	A	2:10.00	2:15.48
1) Doton, Jann Mavreen 18	2) Carino, Marien Sofia 18	3) Pabellon, Lia Patrizia 18	4) Estrada, Nova Rea 18
8 Region 1	A	1:48.39	2:16.01
1) Santamaria, Daryn Joy 18	2) Enriquez, Jamaica 18	3) Bulaga, Kyla Louise 18	4) Obra, Jasmine Therese 18


Event 17 Boys 7-12 200 LC Meter Medley Relay ELEMENTARY


Team	Relay	Seed Time	Finals Time
1 Region 4A	A	2:31.00	2:11.12
1) Apigo, Ethan Kyle 12	2) Navo, Reichard Neilson 12	3) Parto, Hugh Alberto 12	4) MACALINAO, Franz 12

Event 18 Girls 7-12 200 LC Meter Medley Relay ELEMENTARY

Team	Relay	Seed Time	Finals Time
1 Region 3	A	2:15.00	2:16.92
1) Celso, Maria Felisha 12	2) Villanueva, Azula Elise 12	3) DE Guzman, Eunice 12	4) Salac, Caelyn Dane 12
2 Region 4A	A	2:39.00	2:21.91
1) Aguila, Rhyanna Marie 12	2) Palermo, Ashleyzezza 12	3) Buison, Eryza Renoa May 12	4) Obregon, Alliah Lei 12

PALARONG PAMBANSA
 Certified True & Correct:

CRISTOPHER T. FRUSA
 Co-Chairperson

DEOGRACIAS B. GENITO JR.
 Chairperson
 Games Results, Communication & Documentation

Posted by:

CRISTOPHER T. FRUSA
 Co-Chairperson
 Date/Time: 8/1/2023

Validated by: 
 Date: 8/1/2023
 Time: 4:45pm

8-1-23
 JTV

PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023

Results - PALARONG PAMBANSA 2023


(Event 18 Girls 7-12 200 LC Meter Medley Relay ELEMENTARY)

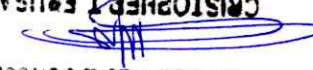
Team	Relay	Seed Time	Finals Time
3 Ncr 1) SY, Jamie Aica Summer 12	A 2) Tacuboy, Adrienne Reese 13)	NT	2:24.53
4 Region 10 1) Morgia, April Erica 12	A 2) Tañan, Mariz Arianne 12	2:23.00	2:26.50
5 Region 6 1) Carpio, Raeka Leigh 12	A 2) Billanes, Chelsea Marie 12	2:20.77	2:29.82
	3) Secuelan, Savannah 12		4) Lamanosa, Hyiana Kie 12

Posted by:

CRISTOPHER T. FRUSA
 Co-Chairperson
 Date/Time: 8/1/2023

Dep Ed
 PALARONG PAMBANSA
RECEIVED
 8-1-23
 JEV

Validated by: 
 Date: 8/1/2023
 Time: 4:45 pm

Games Results, Communication & Documentation
 Chairperson
DEGRACIAS B. GEMITO, JR.
 Co-Chairperson

CRISTOPHER T. FRUSA
 Certified True & Correct
PALARONG PAMBANSA