

**PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**  
**Results - PALARONG PAMBANSA 2023**

**Event 19 Boys 13-18 200 LC Meter Freestyle SECONDARY**

2023: 1:56.07 \* 2019

BARRETO, MIGUEL

NCR

Name	Age	Team	Seed Time	Finals Time
1 Alumbres, Matthew Thomas	18	Region 4A	2:00.94	1:59.48
2 DE Kam, Marcus Johannes	18	Region 4A	2:01.86	1:59.75
3 Labanon, Paolo Miguel	18	Region 11	1:59.67	1:59.80
4 Enot, Ivo Nikolai	18	Ncr	2:01.98	2:02.44
5 Hatazawa, Kensaku	18	Region 4A	2:05.81	2:02.61
6 Tumulac, Rain Andrei	18	Region 11	2:03.60	2:02.81
7 Taguinod, Jalil Sephram	18	Ncr	2:04.21	2:03.38
8 Montera, Nimrod	18	Region 10	2:08.00	2:04.57
9 Polancos, Evenezir Jr	18	Region 12	1:59.27	2:05.68
10 Sadol, Angelo Gabriel	18	Ncr	2:07.17	2:06.02
11 Ong, Franz Anderson	18	Ncr	2:07.40	2:06.26
12 Austria, Jose Emmanuel	18	Ncr	2:09.30	2:07.02
13 Rioflorido, Mark Bryan	18	Region 1	2:06.82	2:07.18
14 Sajise, Admiel Percy	18	Ncr	2:10.07	2:07.36
15 Tumulto, Edrol Rain	18	Region 4A	2:10.63	2:07.40
16 Medina, Shan Kervie	18	Region 3	2:08.79	2:08.00
17 Delizo, Jabrielle Marcos	18	Region 3	2:09.24	2:08.04
18 Liberato, Paulo Angelo	18	Region 3	2:09.72	2:08.46
19 Villanueva, Grant Vincci	18	Region 9	2:09.47	2:08.62
20 Della, Anton Paulo Dominick	18	Region 1	2:07.22	2:08.98
21 Cantil, Arvin Cedrick	18	Ncr	2:10.08	2:11.87
22 Jamolod, Alexander	18	Region 9	2:09.47	2:13.45
23 Garzon, Kaelan Bryce	18	Region 4A	2:08.57	2:16.03

**Event 20 Girls 13-18 200 LC Meter Freestyle SECONDARY**

2023: 2:09.05 \* 2019

CHUA XIANDI

NCR

Name	Age	Team	Seed Time	Finals Time
1 Talosig, Jie Angela Mikaela	18	Region 12	2:10.48	2:12.53
2 Cruz, Fj Catherine	18	Region 3	2:18.29	2:14.73
3 Tionko, Kacie Gabrielle	18	Region 7	2:19.00	2:15.57
4 Chang, Athena Shannessa	18	Ncr	2:16.27	2:15.96
5 Cabayaran, Alexi	18	Region 6	2:16.63	2:16.36
6 Gonzales, Ilya Francine	18	Ncr	2:19.24	2:16.64
7 Verzosa, Kylie Veronika	18	Car	2:17.93	2:16.66
8 Tabamo, Triza Haileyana	18	Region 3	2:18.37	2:20.01
9 Santamaria, Daryn Joy	18	Region 1	2:17.63	2:20.46
10 Malijan, Kaniezia Reign	18	Region 4A	2:22.99	2:21.53
11 Somuelo, Alarie	18	Region 4A	2:20.79	2:21.68
12 Daiz, Lauren Sealtiel	18	Ncr	2:22.71	2:21.95
13 Pabellon, Saira Janelle	18	Region 12	2:16.83	2:22.00
14 Perez, Joan Catherine	18	Region 6	2:21.81	2:22.24
15 Ang, Grace Marianne	18	Ncr	2:22.29	2:22.63
16 Lopez, Iammejen	18	Ncr	2:21.75	2:23.50
17 Lagunay, Athea Margarette	18	Region 10	2:25.10	2:23.64
18 Obra, Jasmine Therese	18	Region 1	2:21.37	2:24.05
19 Rejuso, Alexandra Marie	18	Ncr	2:23.96	2:25.62
20 Lagula, Juliana Laine	18	Ncr	2:23.70	2:26.52
21 Ato, Graziella Sophia	18	Region 1	2:23.50	2:26.82
22 Asturiano, Keisha Blaire	18	Ncr	2:25.15	2:28.21

**Event 21 Boys 7-12 200 LC Meter Freestyle ELEMENTARY**

2023: 2:08.12 \* 2013

Rafael Barreto

Central Luzon

Name	Age	Team	Seed Time	Finals Time
1 Parto, Hugh Alberto	12	Region 4A	2:19.50	2:14.39

Validated by: IB-Rathos  
 Date: 8/2/2023  
 Time: 2:30pm

Dep Ed  
 PALARONG PAMBANSA  
**RECEIVED**  
8-2-23  
 BY: JEV TIME:

**PALARONG PAMBANSA**  
 Certified True & Correct  
8/2/2023  
12:43 PM  
WLS  
**CRISTOPHER T. FRUSA**  
 Co-Chairperson  
426  
**DEOGRACIAS B. GENTO, JR.**  
 Chairperson  
 Games Results, Communication & Documentation

Posted by:  
WLS  
**CRISTOPHER T. FRUSA**  
 Co-Chairperson  
 Date/Time: 8/2/2023

**PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**

**Results - PALARONG PAMBANSA 2023**

**(Event 21 Boys 7-12 200 LC Meter Freestyle ELEMENTARY)**

Name	Age	Team	Seed Time	Finals Time
2 Lagnason, Christian Isaiah	12	Region 12	2:25.14	2:16.43
3 Fernandez, Karl Emmanuel	12	Region 7	2:20.78	2:18.33
4 Picardal III, Marcelino	12	Ncr	2:25.50	2:20.15
5 Villanueva, Sebastian Immar	12	Ncr	2:29.39	2:20.22
6 Pareja, Kent Jade	12	Region 9	2:30.09	2:21.86
7 Alemania, Felix III	12	Region 12	2:23.85	2:22.69
8 Lonzaga, Archibald Nicolas	12	Region 11	2:27.34	2:24.02
9 Boletche, Cristoffe	12	Region 4A	2:27.68	2:24.15
10 Gregorio, John Simon	12	Region 12	2:25.41	2:24.44
11 Soriano, Orlando	12	Region 5	2:30.06	2:24.84
12 Tadulan, Vynz	12	Region 1	2:30.16	2:26.67

**Event 22 Girls 7-12 200 LC Meter Freestyle ELEMENTARY**

2023: 2:15.76 \* 2019 Cabayaran Alexi KOUZENE

West Visayas

Name	Age	Team	Seed Time	Finals Time
1 Florendo, Liv Abigail	12	Region 1	2:21.88	2:18.64
2 David, Krystal Ava	12	Ncr	2:26.27	2:22.60
3 Leonardo, Ckryztyn	12	Region 10	2:33.64	2:30.48
4 Nahe, Xyris Solaine	12	Ncr	2:33.16	2:31.06
5 Perez, Angellia Jane	12	Region 12	2:31.13	2:36.24

**Event 23 Boys 13-18 50 LC Meter Butterfly SECONDARY**

2023: 26.34 \* 2019 MIRANDILLA JULES MERVIE

CALABARZON

Name	Age	Team	Seed Time	Finals Time
1 Amaro II, Albert Jose	18	Region 5	26.40	26.14*
2 Garzon, Kaelan Bryce	18	Region 4A	26.13	26.29*
3 Ajido, Jamesray Mishael	18	Region 4A	26.35	26.35
4 DE Kam, Marcus Johannes	18	Region 4A	26.35	26.50
5 Aguilen, Johan Carlos	18	Car	25.93	26.61
6 Radovan, Ivan Nicolas	18	Ncr	26.29	26.66
7 Tirol, Victoriano Martin IV	18	Ncr	27.07	26.72
8 Arguson, Kevin	18	Region 4A	27.13	26.74
9 Alagon, John Marocnel	18	Region 4A	27.20	27.12
10 Buncio, Earl Jude	18	Region 6	26.38	27.19
11 Austria, Alexander Varick	18	Region 4B	27.28	27.24
12 Gregorio, Timothy Carlo	18	Ncr	27.13	27.53
13 Requiza, Pietro Dominic	18	Region 11	26.84	27.58
14 Thruelen, Arbeen Miguel	18	Ncr	26.56	27.59
*15 Esquivel, Gerald	18	Region 3	27.52	27.72
*15 Valencia, Andrei Louis	18	Region 7	26.68	27.72
17 Quiton, Alexander	18	Region 6	27.57	27.84
*18 Urmanita, Wilfred Jacob	18	Region 9	27.63	27.85
*18 Caoile, AJ	18	Region 1	26.59	27.85
20 Montera, Shiblou	18	Region 10	27.29	27.87
21 Advincola, Jiro	18	Ncr	26.87	28.15
22 Laude, Von Hector	18	Region 12	27.52	28.56
23 Dalmacio, John Francis	18	Ncr	27.43	28.85
24 Embesan, Paulo	18	Region 1	27.57	29.18

**Event 24 Girls 13-18 50 LC Meter Butterfly SECONDARY**

2023: 29.06 \* 2019 BUICO, CAMILLE LAUREN

NCR

Name	Age	Team	Seed Time	Finals Time
1 Villa, Ishaelle Mae	18	Region 4A	30.04	29.74
2 Santor, Patricia Mae	18	Ncr	30.03	29.87
3 Leyran, Raina Samantha	18	Region 4A	30.04	30.01
4 Sarmiento, Franchesca Nicol	18	Region 3	30.21	30.17

\* BASE RECORD - STARTED PALARONG 2019 50m FLY

Validated by LB Banks  
Date 8/2/2023  
Time 2:30 pm

Dep Ed  
PALARONG PAMBANSA  
**RECORDED**  
8-2-23  
BY JEN TIME

**PALARONG PAMBANSA**  
Certified True & Correct:  
CRISTOPHER T. FRUSA  
Co-Chairperson  
DEOGRACIAS B. GENITO JR  
Chairperson  
Games Results, Communication & Documentation

Posted by:  
CRISTOPHER T. FRUSA  
Co-Chairperson  
Date/Time: 8/2/2023

**PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**

**Results - PALARONG PAMBANSA 2023**

**(Event 24 Girls 13-18 50 LC Meter Butterfly SECONDARY)**

Name	Age	Team	Seed Time	Finals Time
5 Dignadice, Maglia Jave	18	Region 4B	30.68	30.32
6 Oliveros, Savinnah	18	Ncr	31.50	30.83
7 Gallardo, Jhoey Leila	18	Ncr	31.27	30.91
8 Sarmiento, Jan Karylle	18	Region 3	31.83	30.92
9 Ibit, Nuche Veronica	18	Region 6	31.11	30.98
10 Obebe, Paulene Beatrice	18	Ncr	30.33	30.99
11 Tabamo, Triza Haileyana	18	Region 3	31.19	31.37
*12 Baraquiel, Shania Joy	18	Region 4A	31.54	31.42
*12 Napallatan, Kriztel	18	Region 6	30.81	31.42
14 Perez, Manuelle Louise	18	Ncr	31.13	31.43
15 Cuevas, Sinagtala	18	Ncr	30.70	31.47
16 Coleman, Riannah Chantelle	18	Region 3	31.81	31.79
17 Mamugay, Chelsea	18	Region 10	31.85	31.90
18 Amaro, Alnessie	18	Region 5	31.53	31.94
19 Montelibano, Riana	18	Region 6	31.45	32.08
20 Garcia, Maica Angela	18	Region 11	31.92	32.22
21 Briguera, Vishnupriya Dasi	18	Region 5	31.70	32.60
22 Valencia, Zion	18	Region 8	31.87	32.67
23 Adanza, Aimee Nicolette	18	Region 7	31.86	33.28

**Event 25 Boys 7-12 50 LC Meter Butterfly ELEMENTARY**

2023: 28.03 \* 2000

RONAD GUIRIBA

NCR

Name	Age	Team	Seed Time	Finals Time
1 Parto, Hugh Alberto	12	Region 4A	30.86	29.15
2 Fernandez, Karl Emmanuel	12	Region 7	29.43	29.60
3 MACALINAO, Franz	12	Region 4A	31.05	29.92
4 Zulueta, Arthur Emmyel	12	Car	32.33	31.44
5 Soriano, Orlando	12	Region 5	32.06	31.49
6 Lagnason, Christian Isaiah	12	Region 12	32.55	31.50
7 Pareja, Kent Jade	12	Region 9	31.81	31.91
8 Barany, Jericho Tobias	12	Region 1	32.08	33.28
9 Carlos, Gabriel Pablo	12	Region 1	32.08	34.86

**Event 26 Girls 7-12 50 LC Meter Butterfly ELEMENTARY**

2023: 29.68 \* 2013

CASTRILLO, ERIN REGINA

NCR

Name	Age	Team	Seed Time	Finals Time
1 Florendo, Liv Abigail	12	Region 1	32.17	32.21
2 Fetalvero, Makayla	12	Region 1	33.17	32.64
3 Obregon, Alliah Lei	12	Region 4A	35.03	32.97
4 Ytang, Kate	12	Region 11	34.50	33.37
5 Montalbo, Coraline	12	Region 6	34.97	33.47
6 DE Guzman, Eunice	12	Region 3	33.57	33.50
7 Secuelan, Savannah	12	Region 6	34.67	33.55
8 Sostinto, Keziah Denise R	11	Region 7	33.78	33.78
9 Caruncho, Jan Eowyn	12	Car	33.97	33.96
10 Salac, Caelyn Dane	12	Region 3	33.68	34.11
11 Buison, Eryza Renoa May	12	Region 4A	34.41	34.16
12 Abao, Althea May	12	Region 10	34.98	35.49
13 Aquino, Simran MC Colinet	12	Region 1	34.75	35.53

**Event 27 Boys 13-18 200 LC Meter IM SECONDARY**

2023: 2:12.58 \* 2019

SANTOS PHILLIP JOAQUIN

NCR

Name	Age	Team	Seed Time	Finals Time
1 Espiritu, Francis Greg	18	Region 11	2:17.38	2:14.27
2 Taguinod, Jalil Sephram	18	Ncr	2:15.23	2:14.58
3 Ajido, Jamesray Mishael	18	Region 4A	2:18.75	2:14.72

**PALARONG PAMBANSA**  
 Certified True & Correct:  
 CRISTOPHER T. FRUSA  
 Co-Chairperson  
 DEOGRACIAS B. GENTO, JR.  
 Chairperson  
 Games Results, Communication & Documentation

Dep. Dir.  
 PALARONG PAMBANSA  
**RECEIVED**  
 8-2-23  
 BY: [Signature] TIME:

Validated by: [Signature]  
 Date: 8/2/2023  
 Time: 2:30pm  
 Posted by:  
 CRISTOPHER T. FRUSA  
 Co-Chairperson  
 Date/Time: 8/2/2023

**PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**

**Results - PALARONG PAMBANSA 2023**

**(Event 27 Boys 13-18 200 LC Meter IM SECONDARY)**

Name	Age	Team	Seed Time	Finals Time
4 Dean, Peter Cyrus	18	Region 4A	2:19.69	2:14.73
5 Alagon, John Marocenel	18	Region 4A	2:19.92	2:18.61
6 Chua, Ethan	18	Ncr	2:20.58	2:18.91
7 Rivilla, Coby Marcus	18	Region 8	2:22.92	2:19.13
8 Polancos, Evenezir Jr	18	Region 12	2:13.38	2:19.82
9 Pabalan, Morie Rylan	18	Ncr	2:23.81	2:20.52
10 Villanueva, Samuel Ieuan	18	Ncr	2:23.58	2:21.32
11 Medina, Shan Kervie	18	Region 3	2:27.75	2:21.57
12 Cabana, Yohan Mikhail	18	Ncr	2:19.23	2:22.95
13 Caoile, AJ	18	Region 1	2:23.09	2:23.41
14 Mirasol, Joaquin Federico	18	Ncr	2:24.61	2:23.48
15 Montera, Shiblon	18	Region 10	2:26.87	2:23.73
16 Ituralde, Theo Andrey	18	Region 9	2:27.60	2:23.99
17 Cagulangan, Miguel Ian	18	Region 4A	2:28.02	2:25.86
18 Gutana, Intnyr	18	Region 6	2:28.20	2:26.43
19 Pasadilla, Frenz Enriques	18	Region 6	2:28.42	2:26.89
20 Baculna, Cris Anthony	18	Region 12	2:23.57	2:26.93
21 Miranda, Dave Amacquel	18	Region 3	2:23.05	2:27.04
22 Malayang, Anton Rafaelle	18	Region 10	2:27.52	2:27.17
23 DE Kam, Marcus Johannes	18	Region 4A	2:17.04	2:35.99

**Event 28 Girls 13-18 200 LC Meter IM SECONDARY**

2023: 2:23.86 \* 2019

CHUA XIANDI

NCR

Name	Age	Team	Seed Time	Finals Time
1 SY, Mishka	18	Ncr	2:29.54	2:26.74
2 Floriano, Shairinne	18	Region 4A	2:31.58	2:30.64
3 Doliente, Iliazel Fei	18	Ncr	2:37.58	2:32.99
4 Amoguis, Lora Micah	18	Ncr	2:34.29	2:33.00
5 Tionko, Kacie Gabrielle	18	Region 7	2:36.00	2:34.73
6 Barretto, Maria Francesca	18	Region 4A	2:40.75	2:36.08
7 Tom, Aubrey	18	Ncr	2:35.21	2:40.09
8 Bergonio, Lei Alleza	18	Region 4A	2:42.54	2:40.18
9 Uy, Maxene	18	Region 6	2:38.61	2:41.21
10 Sarmiento, Franchesca Nicol	18	Region 3	2:41.96	2:42.67
11 Obra, Jasmine Therese	18	Region 1	2:39.88	2:45.14
12 Estrada, Nova Rea	18	Region 12	2:37.78	2:48.04

**Event 30 Girls 7-12 200 LC Meter IM ELEMENTARY**

2023: 2:33.12 \* 2018

MOJDEH MICHAELA JASMINE

NCR

Name	Age	Team	Seed Time	Finals Time
1 David, Krystal Ava	12	Ncr	2:44.13	2:37.32
2 Florendo, Liv Abigail	12	Region 1	2:43.75	2:39.64
3 Matiling, Anika Kathr	12	Region 6	2:46.33	2:44.65

**Event 31 Boys 13-18 50 LC Meter Breaststroke SECONDARY**

2023: 30.02 \* 2019

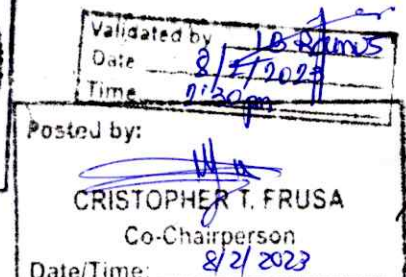
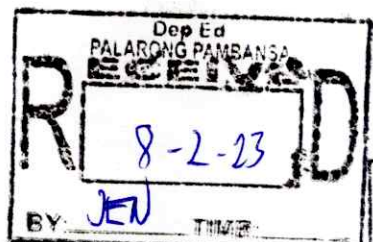
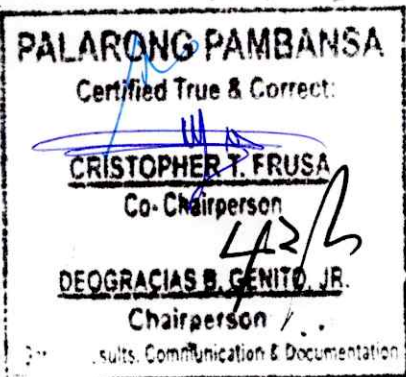
TIROL, RIAN MARCO

NCR

Name	Age	Team	Seed Time	Finals Time
1 Espiritu, Francis Greg	18	Region 11	30.36	30.25
2 Cruz, Lance Rafael	18	Ncr	30.27	30.49
3 Tirol, Victoriano Martin IV	18	Ncr	31.89	30.72
4 Herera, Carlos Jaquin	18	Region 3	32.01	31.24
5 De Leon, Jennuel Booh	18	Region 6	31.64	31.26
6 Pabalan, Morie Rylan	18	Ncr	31.33	31.71
7 Santos, Seb Rafael	18	Region 3	32.21	31.85
8 Magno, Lance Nathan	18	Region 6	31.74	32.28
9 Ricohermoso, Jush Czar	18	Region 1	31.42	32.37

EVENT # 29: NO ENTRY

ROSE RECORD 50M BREAST SEC P  
2019 PALALO



**PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**

**Results - PALARONG PAMBANSA 2023**

**(Event 31 Boys 13-18 50 LC Meter Breaststroke SECONDARY)**

Name	Age	Team	Seed Time	Finals Time
10 Canlas, Ashby Jayce	18	Region 4A	32.70	32.50
11 Mata, Em-Ji	18	Region 7	32.34	32.53
12 Dilangalen, Jabhari	18	Region 11	32.49	32.54
13 Viñas, Brendan Daniel	18	Region 4B	32.81	32.57
14 Panquico, Bebeboy	18	Ncr	32.81	32.63
15 Mallari, Cris Jemuel	18	Region 3	32.74	32.83
16 Mirasol, Joaquin Federico	18	Ncr	31.77	33.14
17 Polancos, Evenezir Jr	18	Region 12	31.48	33.17
18 Calderon, Joart	18	Region 4A	32.76	33.19
19 Basco, Lance Xyron Jebriel	18	Region 4B	32.82	33.22
20 Dasig, Matthew Cameron	18	Region 4A	32.79	33.38
21 Castro, Shawn Joseph	18	Ncr	32.54	33.69
--- Taguinod, Jalil Sephram	18	Ncr	29.72	DQ

**Event 32 Girls 13-18 50 LC Meter Breaststroke SECONDARY**

2023: 35.63 \* 2019

MANANTAN, MARY SOPHIA

MIMAROPA

Name	Age	Team	Seed Time	Finals Time
1 Delos Santos, Clara Yzabela	18	Ncr	34.88	34.46*
2 Mabalay, Beatriz	18	Region 5	35.89	35.08*
3 Coleman, Riannah Chantelle	18	Region 3	36.38	36.00
4 Andaya, Renz	18	Region 4A	37.08	36.11
5 Garcia, Maica Angela	18	Region 11	37.62	36.60
6 Gregorio, Daniella Anne	18	Region 4A	36.66	36.79
7 Torrico, Angela Claire	18	Ncr	38.49	36.91
8 Carino, Marien Sofia	18	Region 12	36.81	37.63
9 Oyaman, Gerice	18	Region 1	37.13	37.66
10 Napallatan, Kriztel	18	Region 6	36.64	37.71
11 UY, Reiko Philomena	18	Ncr	36.88	37.89
12 Enriquez, Jamaica	18	Region 1	37.14	37.98
13 Catedrilla, Dee Vianne	18	Region 6	37.85	38.02
14 Borromeo, Kheen	18	Region 5	38.05	38.05
15 San Diego, Shinloah Yve	18	Region 4A	37.83	38.43
16 Encarnacion, Roz Ciaralene	18	Ncr	36.85	38.56
17 Catayas, Mira Chlaire	18	Region 11	38.11	38.82
18 Calvario, Ayena Jed	18	Region 4A	38.50	38.87
19 Aguila, Liana Alexa	18	Region 3	37.96	38.93
20 Bergonio, Lei Alleza	18	Region 4A	37.63	39.11
*21 Nadunza, Riza Nina	18	Ncr	38.47	39.12
*21 Perez, Manuelle Louise	18	Ncr	38.10	39.12
23 Advincola, Samantha Chloe	18	Region 5	38.35	39.13
24 Tarroza, Charise	18	Region 12	37.98	39.78

**Event 33 Boys 7-12 50 LC Meter Breaststroke ELEMENTARY**

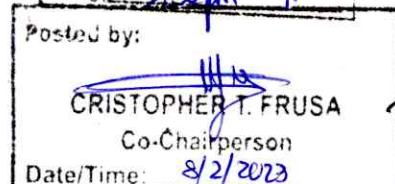
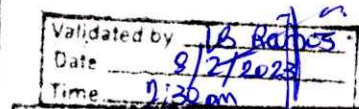
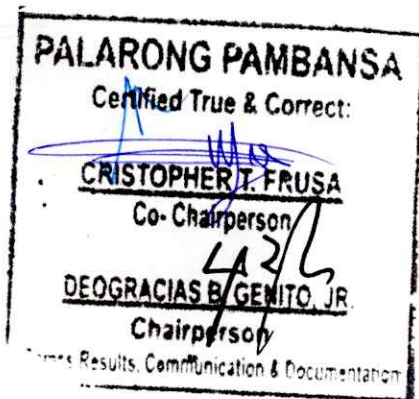
2023: 32.31 \* 2018

TAGUINOD JALIL SEPHRAIM

REGION 2

Name	Age	Team	Seed Time	Finals Time
1 Fernandez, Karl Emmanuel	12	Region 7	35.10	33.81
2 Crisostomo, Neil Martin	12	Region 3	37.14	35.56
3 Navo, Reichard Neilson	12	Region 4A	37.70	36.34
4 Badong, Pert Russel	12	Region 5	38.23	36.62
5 Bautista, Lance Jacob	12	Region 4A	38.82	37.27
6 Bumadilla, Daniel John	12	Region 1	38.90	37.91
7 Cortez, Keith Tristan	12	Region 10	38.79	37.93
8 Gilbolinga, Val	12	Region 6	39.47	38.43
9 Galamgam, Matteo	12	Region 1	39.35	39.79
10 Cabinian, Patrick	12	Region 1	39.10	41.77

BASE RECORD 50m BREAST  
SEC G 2019 PALARO



**PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**

**Results - PALARONG PAMBANSA 2023**

**Event 34 Girls 7-12 50 LC Meter Breaststroke ELEMENTARY**

2023: 36.63 \* 2013 2013 GAVINO, RAISSA REGATTA

NCR

Name	Age	Team	Seed Time	Finals Time
1 David, Krystal Ava	12	Ncr	36.83	36.51*
2 Hengania, Cathlene	12	Region 10	40.14	38.09
3 Villanueva, Azula Elise	12	Region 3	38.43	38.46
4 Celso, Maria Felisha	12	Region 3	38.33	38.70
5 Billanes, Chelsea Marie	12	Region 6	39.49	38.80
*6 Caruncho, Jan Eowyn	12	Car	39.87	40.09
*6 Raut, Zoe Alendra	12	Region 11	41.30	40.09
8 Palermo, Ashleyezza	12	Region 4A	40.48	40.38
9 Tañan, Mariz Arianne	12	Region 10	40.42	41.07
*10 Fetalvero, Makayla	12	Region 1	40.75	41.14
*10 Lamanosa, Hyiana Kie	12	Region 6	41.13	41.14
12 Legaspi, Mignonette Xedelle	12	Region 3	41.05	41.56
13 Cavite, Czarina	12	Region 11	41.10	43.51

**Event 35 Boys 13-18 200 LC Meter Backstroke SECONDARY**

2023: 2:08.16 \* 2019 SANTOS, PHILLIP JOAQUIN

NCR

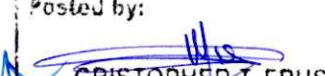
Name	Age	Team	Seed Time	Finals Time
1 Enot, Ivo Nikolai	18	Ncr	2:14.83	2:13.38
2 Dean, Peter Cyrus	18	Region 4A	2:18.07	2:13.93
3 Cruz, Lance Rafael	18	Ncr	2:16.11	2:15.52
4 Escat, Rolando Jr	18	Region 1	2:20.00	2:20.44
5 Cabana, Yohan Mikhail	18	Ncr	2:21.15	2:20.57
6 Chua, Ethan	18	Ncr	2:22.58	2:20.94
7 Hatazawa, Kensaku	18	Region 4A	2:22.63	2:21.13
8 Gaerlan, Matthew	18	Region 1	2:20.62	2:21.17
9 Rioflorido, Mark Bryan	18	Region 1	2:21.47	2:22.37
10 Sayson, Marco Juan	18	Region 7	2:22.57	2:22.56
11 Pasadilla, Jan Renier	18	Region 6	2:28.47	2:22.85
12 Miranda, Dave Amacquel	18	Region 3	2:25.68	2:23.42
13 Magan, Rexcel Paul	18	Region 12	2:19.23	2:24.26
14 DeLa Serna, Mike Gabrielle	16	Region 7	2:24.29	2:24.72
15 Tebar, Niel Joaquin	18	Region 11	2:26.45	2:24.99
16 Bondoc, Arthur Reign	18	Ncr	2:27.70	2:25.48
17 Tacdol, Lance David	18	Region 1	2:26.13	2:25.63
18 Aroma, Clint Steven	18	Region 12	2:18.03	2:25.70
19 Belen, Ryian Zach Danzel	18	Region 1	2:21.04	2:25.90
20 Rara, Lleyton Allen	18	Region 4A	2:23.66	2:26.29
21 Araño, Luke Amber Matthew	18	Region 4A	2:23.66	2:28.09
22 Bidal, Glenn Daniel	18	Region 12	2:17.77	2:29.14
23 Malayang, Anton Rafaelle	18	Region 10	2:27.72	2:29.89

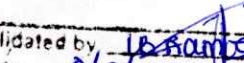
**Event 36 Girls 13-18 200 LC Meter Backstroke SECONDARY**

2023: 2:22.68 \* 1998 DANILA, LIZA

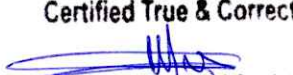

CALABARZON

Name	Age	Team	Seed Time	Finals Time
1 SY, Mishka	18	Ncr	2:29.77	2:24.68
2 Fernandez, Quendy	18	Region 4B	2:30.11	2:24.97
3 Cruz, Fj Catherine	18	Region 3	2:31.20	2:30.11
4 Amoguis, Lora Micah	18	Ncr	2:34.16	2:31.38
5 Villa, Ishaelle Mae	18	Region 4A	2:38.61	2:32.36
6 Pabellon, Saira Janelle	18	Region 12	2:26.98	2:32.76
7 Cabayaran, Alexi	18	Region 6	2:32.02	2:33.25
8 Ortiguera, Trixie	18	Region 3	2:34.95	2:33.37
9 Sarmiento, Jan Karylle	18	Region 3	2:39.82	2:33.66
10 Uy, Maxene	18	Region 6	2:35.49	2:34.54

Posted by:  
  
**CRISTOPHER T. FRUSA**  
 Co-Chairperson  
 Date/Time: 8/2/2023

Validated by:   
 Date: 8/2/2023  
 Time: 2:30pm

Dep Ed  
 PALARONG PAMBANSA  
**RECEIVED**  
 8-2-23  
 BY: JEN TIME:

**PALARONG PAMBANSA**  
 Certified True & Correct:  
  
**CRISTOPHER T. FRUSA**  
 Co-Chairperson  
  
**DEOGACIAS B. GENITO JR.**  
 Chairperson  
 Games Results, Communication & Documentation

**PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**

**Results - PALARONG PAMBANSA 2023**

**(Event 36 Girls 13-18 200 LC Meter Backstroke SECONDARY)**

Name	Age	Team	Seed Time	Finals Time
11	Asis, Yxa Gabrielle	18 Ncr	2:37.70	2:35.13
12	Rejuso, Alexandra Marie	18 Ncr	2:35.85	2:36.27
13	Requiza, Stacey Bernice	18 Region 11	2:41.39	2:37.18
14	Ranjo, Zia Noele	18 Region 4A	2:39.81	2:37.52
15	Sales, Hannah Rafflyn	18 Ncr	2:39.52	2:40.40
16	Seloterio, Andrea	18 Region 6	2:44.36	2:41.26
17	Cabaluna, Jonah	18 Region 12	2:42.11	2:41.75
18	Perez, Joan Catherine	18 Region 6	2:44.57	2:43.86
19	Trinidad, Reneilly Jean	18 Region 4A	2:44.55	2:44.55
20	Asturiano, Keisha Blaire	18 Ncr	2:41.53	2:45.75
21	Reyes, Amiyah Leigh	18 Region 3	2:44.36	2:47.48

**Event 37 Boys 13-18 200 LC Meter Freestyle Relay SECONDARY**

2023: 1:41.45 \* 2016 \

NCR \

**JACINTO, CHUA, ILUSTRE, BARLISAN**

Team	Relay	Seed Time	Finals Time
1 Ncr	A	1:40.00	1:40.64*
1) Nazareno, Cezar 18	2) Tirol, Victoriano Martin IV	3) Cheng, Jared Magnus 18	4) Thruelen, Arbeen Miguel 18
2 Region 4A	A	NT	1:40.66*
1) Trinidad, Reinielle Jan Mik	2) Umali, Eric Jacob 18	3) DE Kam, Marcus Johannes	4) Hatazawa, Kensaku 18
3 Region 3	A	1:31.24	1:43.26
1) Esquivel, Gerald 18	2) Mallari, Cris Jemuel 18	3) Delizo, Jabrielle Marcos 18	4) Medina, Shan Kervie 18
4 Region 9	A	1:43.00	1:44.31
1) Villanueva, Grant Vincci 18	2) Urmanita, Wilfred Jacob 18	3) Alguno, Jehu 18	4) Jamolod, Alexander 18
5 Region 11	A	NT	1:45.15
1) Dilangalen, Jabhari 18	2) Requiza, Pietro Dominic 18	3) Tebar, Niel Joaquin 18	4) Suarez, Juan Alessandro 18
6 Region 7	A	1:44.00	1:45.63
1) Gordoncillo, Aaron Wade 18	2) Mata, Em-Ji 18	3) Autida, Brian 18	4) Sayson, Marco Juan 18
7 Region 1	A	1:47.38	1:46.47
1) Escat, Rolando Jr 18	2) Tacdol, Lance David 18	3) Gaerlan, Matthew 18	4) Rioflorido, Mark Bryan 18
8 Region 12	A	1:40.00	1:47.78
1) Aroma, Clint Steven 18	2) Baculna, Cris Anthony 18	3) Madrid, Abe Christopher 18	4) Magan, Rexcel Paul 18
--- Region 6	A	1:40.18	DQ
1) Buncio, Earl Jude 18	2) Quiton, Alexander 18	3) Castor, Troy 18	4) De Leon, Jennuel Booh 18

**Event 38 Girls 13-18 200 LC Meter Freestyle Relay SECONDARY**

2023: 1:54.13 \* 2017 \

NCR \

**ALCOSEBA, HILARIO, LALIMO, BALUYUT**

Team	Relay	Seed Time	Finals Time
1 Region 6	A	1:54.98	1:54.65 \
1) Napallatan, Kriztel 18	2) Ibit, Nuche Veronica 18	3) Dejilla, Juliana 18	4) Cabayaran, Alexi 18
2 Region 4A	A	NT	1:54.89
1) Pasang, Angela 18	2) Somuelo, Alarie 18	3) Villa, Ishaelle Mae 18	4) Leyran, Raina Samantha 18
3 Ncr	A	1:55.23	1:55.01
1) Obebe, Paulene Beatrice 18	2) Perez, Manuelle Louise 18	3) Tom, Aubrey 18	4) Gonzales, Ilya Francine 18
4 Region 3	A	1:53.90	1:55.82
1) Cruz, Fj Catherine 18	2) Sarmiento, Jan Karylle 18	3) Coleman, Riannah Chantell 18	4) Tabamo, Triza Haileyana 18
5 Region 1	A	1:40.42	2:03.84
1) Ato, Graziella Sophia 18	2) Enriquez, Jamaica 18	3) Mendoza, Unah Eldeyen 18	4) Oyaman, Gerice 18
6 Region 12	A	1:42.00	2:07.52
1) Doton, Jann Mavreen 18	2) Cabaluna, Jonah 18	3) Tarroza, Charise 18	4) Estrada, Nova Rea 18

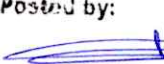
**Event 39 Boys 7-12 200 LC Meter Freestyle Relay ELEMENTARY**

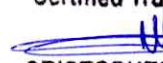
2023: 1:52.05 \* 2010 \


NCR \

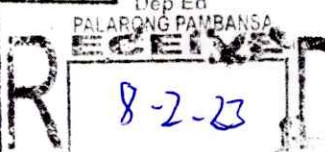
**names ?**

Team	Relay	Seed Time	Finals Time
1 Region 4A	A	1:33.00	1:53.46 \
1) Camomot, Jose Isaiah III 12	2) Parto, Hugh Alberto 12	3) MACALINAO, Franz 12	4) Navo, Reichard Neilson 12

Posted by:  
  
**CRISTOPHER T. FRUSA**  
 Co-Chairperson  
 Date/Time: 8/2/2023

**PALARONG PAMBANSA**  
 Certified True & Correct:  
  
**CRISTOPHER T. FRUSA**  
 Co-Chairperson  
 4/3/23  
**DEOGRACIAS B. GENITO, JR.**  
 Chairperson  
 Games Results, Communication & Documentation

Validated by:   
 Date: 8/2/2023  
 Time: 2:50pm

Dep Ed  
**PALARONG PAMBANSA**  
  
 8-2-23  
 BY: JED TIME



**PALARONG PAMBANSA 2023 - 8/1/2023 to 8/4/2023**

**Results - PALARONG PAMBANSA 2023**

**(Event 39 Boys 7-12 200 LC Meter Freestyle Relay ELEMENTARY)**

Team	Relay	Seed Time	Finals Time
2 Region 12	A	2:08.00	1:57.40
1) Alemania, Felix III 12	2) Lagnason, Christian Isaiah 3) Sabado, Tristan 12		4) Gregorio, John Simon 12
3 Region 1	A	NT	2:08.21
1) Galamgam, Matteo 12	2) Cabinian, Patrick 12	3) Bumadilla, Daniel John 12	4) Ubungen, Marcus Aldrie 12


**Event 40 Girls 7-12 200 LC Meter Freestyle Relay ELEMENTARY**



2023: 1:58.94 \* 2018 \

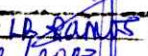
WEST VISAYAS

NERI, PEREZ, SELOTARIO, CABAYARAN

Team	Relay	Seed Time	Finals Time
1 Ncr	A	NT	2:04.04
1) Gestuvo, Isabella Beatrice 12	2) SY, Jamie Aica Summer 12 3) Ocampo, Gabrielle Gayle 12		4) Tacuboy, Adrienne Reese 1
2 Region 4A	A	2:06.00	2:08.92
1) Buison, Eryza Renoa May 12	2) Aguila, Rhyanna Marie 12	3) DE Kam, Elisa Janna 12	4) Obregon, Alliah Lei 12
3 Region 10	A	2:15.00	2:09.04
1) Morgia, April Erica 12	2) Hengania, Cathlene 12	3) Tañan, Mariz Arianne 12	4) Leonardo, Ckryztyn 12

Posted by:  
  
**CRISTOPHER T. FRUSA**  
 Co-Chairperson  
 Date/Time: 8/2/2023

**PALARONG PAMBANSA**  
 Certified True & Correct:  
  
**CRISTOPHER T. FRUSA**  
 Co-Chairperson  
  
**DEOGRACIAS B. GENITO, JR.**  
 Chairperson  
 Games Results, Communication & Documentation

Validated by   
 Date 8/2/2023  
 Time 8:30pm

Dep Ed  
 PALARONG PAMBANSA  
**RECEIVED**  
 8-2-23  
 BY: JEB TIME:



