



Final Result Form for: Triple Jump, Long Jump, Discus Throw, Shot Put, & Javelin Throw
 Republic of the Philippines
DEPARTMENT OF EDUCATION
 DepEd Complex, Meralco Avenue, Pasig City
2019 PALARONG PAMBANSA

Event No. III Category: EB ___ EG ___ SB X SG ___
 Event: LONG JUMP Level: _____
 Old Record: Name of Athlete: JULIAN REEM FUENTES Distance: 7.26 Region: CAVRAA Year: 2012

| Lane No. | Region | Ath. No. | Name of Athlete (LN, FN, MI) | DISTANCE | Rank | Points | Remarks |
|----------|--------|----------|------------------------------|----------|------|--------|---------|
| ✓ | II | 035 | ALGIN GOMEZ | 7.55 | 1 | +280 | GOLD |
| ✓ | X | 308 | JOHN MIKE LERA | 7.39 | 2 | ★+1.70 | SILVER |
| ✓ | IV-A | 094 | PATRICK BOTABARA | 6.96 | 3 | | BRONZE |
| | X | 310 | JIVIE MAGNETICO | 6.91 | 4 | | |
| | NCR | 492 | CLINT NINO NERI | 6.85 | 5 | | |
| | VI | 187 | ANGELO GEPILGA | 6.77 | 6 | | |
| | VIII | 246 | KEVIN CAPARAL | 6.66 | 7 | | |
| | VI | 211 | OLIVER ALIGANGA | 6.59 | 8 | | |

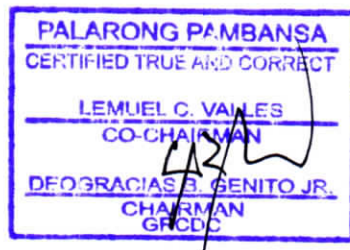
Rosalabete
ROSEMARIE B. LABONETE
 Recorder

NARCISO E. DASIGAN
 Tournament Manager

WILFRIDO M. SERNA
 Chief Recorder

Scanned by: CRIS PRUSA
 Date: _____
 Time: _____
 Control Number: _____

Validated by: LEONARDO S. GENITO JR.
 Date: 4/29/18
 Time: _____



Point System Guide:

| RANK | MEDAL |
|------|--------|
| 1st | GOLD |
| 2nd | SILVER |
| 3rd | BRONZE |

Note: In case of tie, the average point shall be given.

RE: WIND MEASUREMENT:

Rule 260 17(B) In the long Jump & Triple Jump conducted outdoors, information concerning wind velocity, measured as indicated in Rule 189.10-12 shall be submitted. If the wind velocity, measured in the direction of jumping, averages more than 2 meters per second, performance will not be ratified.



NARCISO B. DASIGAN
TOURNAMENT MANAGER
ATHLETICS



Competition
Rules
2018-2019

INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS

IAAF COMPETITION RULES 2018-2019

Where new facilities are developed at which it is envisaged that visually impaired athletes will compete, at least one pit should be built with an increased width (3.50m instead of maximum 3.00m as in IAAF Rules) as recommended by IPC.

7. The landing area should be filled with soft damp sand, the top surface of which shall be level with the take-off board.

Distance Measurement

8. In all horizontal jumping events, distances shall be recorded to the nearest 0.01m below the distance measured if the distance measured is not a whole centimetre.
9. The measurement of each jump shall be made immediately after each valid trial (or after an immediate oral protest made under Rule 146.5) from the nearest break in the landing area made by any part of the body, or anything that was attached to the body at the time it made a mark, to the take-off line, or take-off line extended. The measurement shall be taken perpendicular to the take-off line or its extension.

As long as no irregularity has been committed, each trial must be measured whatever the distance reached, including for the reasons that other trial measurements may become critical in determining countbacks or whether an athlete will proceed to subsequent rounds.

Except where Rule 146.5 is applied, under normal practice no trial during which an irregularity has been committed should be measured. Judges should carefully use their discretion in applying any alternate practice and usually only in special cases.

Unless video measuring is being used, for every valid trial a marker (usually metal) should be placed in a vertical position at the place of the imprint left by the athlete in the landing area nearest to the take-off line. The marker is passed through the loop at the end of the graduated metal tape so that the "zero" is on the mark. The tape should be pulled out horizontally taking care not to place it on any rise in the ground.

Wind Measurement

10. The wind gauge shall be the same as described in Rules 163.8 and 163.9. It shall be operated as described in Rules 163.11 and 184.12 and read as per Rule 163.13.
11. The relevant Field Events Referee shall ensure that the wind gauge is placed 20m from the take-off line. The measuring plane shall be

positioned $1.22\text{m} \pm 0.05\text{m}$ high and not more than 2m away from the runway.

12. The wind velocity shall be measured for a period of 5 seconds from the time an athlete passes a mark placed alongside the runway, for the Long Jump 40m from the take-off line and for the Triple Jump 35m. If an athlete runs less than 40m or 35m, as appropriate, the wind velocity shall be measured from the time he commences his run.

RULE 185
Long Jump

Competition

1. An athlete fails if:
 - (a) he while taking off, touches the ground (including any part of the plasticine board) beyond the take-off line with any part of his body, whether running up without jumping or in the act of jumping; or
 - (b) he takes off from outside either end of the board, whether beyond or before the extension of the take-off line; or
 - (c) he employs any form of somersaulting whilst running up or in the act of jumping; or
 - (d) after taking off, but before his first contact with the landing area, he touches the runway or the ground outside the runway or outside the landing area; or
 - (e) in the course of landing (including any overbalancing), he touches the border of, or the ground outside, the landing area closer to the take-off line than the nearest break made in the sand; or
 - (f) he leaves the landing area in any manner other than that described in Rule 185.2.
2. When leaving the landing area, an athlete's first contact by foot with its border or the ground outside shall be further from the take-off line than the nearest break in the sand (which may be any mark made on overbalancing completely inside the landing area or when walking back closer to the take-off line than the initial break on landing).
Note: This first contact is considered leaving.
3. An athlete shall not be regarded to have failed if:
 - (a) he runs outside the white lines marking the runway at any point; or

immediately before which a cone or flag is placed until the two groups converge.

- (c) If an athlete does not follow this Rule hc, or in the case of a relay his team, shall be disqualified.

Leaving the Track

6. An athlete, after voluntarily leaving the track, shall not be allowed to continue in the race and shall be recorded as not finishing the event. Should the athlete attempt to re-enter the race, he shall be disqualified by the Referee.

Check-Marks

7. Except as stated in Rule 170.4, when all or the first portion of a Relay Race is being run in lanes, athletes may not make check-marks or place objects on or alongside the running track for their assistance. The Judges shall direct the relevant athlete to adapt or remove any marks or objects not complying with this Rule. If he does not, the Judges shall remove them.

Note: Serious cases may further be dealt with under Rules 125.5 and 145.2.

Wind Measurement

8. All wind gauge equipment shall be manufactured and calibrated according to international standards. The accuracy of the measuring equipment used in the competition shall have been verified by an appropriate organisation accredited by the national measurement authority.
9. Non-mechanical wind gauges shall be used at all International Competitions under Rules 1.1(a) to (h) and for any performance submitted for ratification as a World Record.
A mechanical wind gauge should have appropriate protection to reduce the impact of any crosswind. Where tubes are used, their length on either side of the measuring device should be at least twice the diameter of the tube.
10. The Track Referee shall ensure that the wind gauge for Track Events is placed beside the straight, adjacent to lane 1, 50m from the finish line. The measuring plane shall be positioned 1.22m ± 0.05m high and not more than 2m away from the track.
11. The wind gauge may be started and stopped automatically and/or remotely, and the information conveyed directly to the competition computer.
12. The periods for which the wind velocity shall be measured from the flash / smoke of the Starter's gun are as follows: