



## **PARA GAMES** *Technical Guidelines & Ground Rules*

### **1. ELIGIBILITY:**

- 1.1 The *Palarong Pambansa* (Para Games) 2019 shall only be participated in by pupils/students with Intellectual Disability (ID), visually impaired (VI) and orthopedically handicapped/amputee (OH) in-school athletes.
- 1.2 The athletes are enrolled students of Special Education (SPED) classes in the public and private schools for School Calendar (SC) 2016 – 2017.
- 1.3 Each region is allowed to field in a maximum of fifty-five (55) delegates composing of athletes and coaches.
- 1.4 Age category:
  - Visually Impaired – Open Category (But, up to 25 y/o only)
  - Intellectual Disability - 15 y/o & below  
16 y/o to 25 y/o only
  - Ortho/Leg Amputee - Open Category (But, up to 25 y/o only)
  - Goalball/Bocce/Swimming - Open Category (But, up to 25 y/o only)

### **2. ELIGIBILITY DOCUMENTS:**

- 2.1 Athletes Record Information
- 2.2 Medical Certificate
- 2.3 DEPED Psycho-Educational Assessment Tests conducted by SPED – Trained Teachers, Administrators and Supervisors
  - \*(for intellectual Disabled (ID) – IQ Level – 70 & below
  - \*(for visually impaired (LV & TB – visual acuity Test by licensed ophthalmologist.
- 2.4 NSO Birth Certificate
- 2.5 Certificate of Enrolment stating the school year the child first enrolled up to the present / completion.
- 2.6 Photo Gallery
- 2.7 Parents'/Guardian's Consent
- 2.8 4 pcs. 1.5x1.5 identical pictures with name tag (surname, first name and middle initial)
- 2.9 Form 137 (Take note of the subjects/skills that are supposed to be included in the competencies for the IDs.

**Note: All original copy must be presented for verification purposes.**

### **3. COMPETITION CATEGORIES:**

#### **A. Visually Impaired – Ten (10) athletes and four (4) coaches**

Events	No. of athletes		Number of Coaches	Total
	Boys	Girls		
Athletics				
→ 100m				
→ Standing Long Jump (SLJ)	3	3	3	9
→ Shot Put				
Goalball	2	2	1	5

**B. Intellectual Disability (ID) - twenty-eight (28) athletes and seven (7) coaches:**

Event	No. of Athletes		No. of Coaches	Total
	Boys	Girls		
Athletics → 100M → 200M → 400M → 4X100M → Running → Long Jump(RLJ) → Shot Put	5 (15 yrs. old & below)	5 (15 yrs. old & below)	2	12
	5 (16-25 yrs. old)	5 (16-25 yrs. old)	2	12
Bocce (Single, Double, Team)	2	2	1	5
Swimming → 50M *Backstroke *Freestyle *Breast Stroke	2	2	2	6

**C. Ortho / Amputee - 4 athletes, 2 coaches**

Above-knee amputation (single & double)

Below-knee amputation (single & double)

Event	No. of athletes		No. of Coaches	Total
	Boys	Girls		
→ Athletics *Shot Put	2	2	2	6
→ Swimming 50M *Backstroke *Freestyle *Breaststroke				

**EXHIBITION GAME: CHESS**

*Athletes/Players for this Sport shall come from the participation of the Orthopedically Handicapped (OH) and Visually Impaired (VI) of the delegation.*

**Note:**

- An athlete is allowed to play three (3) individual events and one (1) team event (Athletics)
- Each participating team can enter only a minimum of two (2) athletes and a maximum of three (3) in each event.
- No crossing of events.

**IV.EQUIPMENT NEEDED**

- 1.1 Bocce Balls (4 sets)
- 1.2 Goalball (2 Ball)