

PALARONG PAMBANSA SECRETARIAT

Department of Education Philippine Sports Commission Department of Interior and Local Government



PARAGAMES TECHNICAL GUIDELINES

I. ELIGIBILITY:

- 1.1 The Palarong Pambansa (Para Games) 2024 shall only be participated in by pupils/students with Intellectual Disability (ID), visually impaired, orthopedically handicapped/amputee (OH) inschool athletes..
- 1.2 The athletes are enrolled students of Special Education (SPED) classes in the public and private schools for School Calendar (SC) 2023 2024.
- **1.3** Each region is allowed to field a maximum of **Seventy Three (73)** delegates composed of 50 athletes, 15 coaches and 8 chaperons.
- 1.4 Age category: for: 2024 PALARONG PAMBANSA
 Youth born 2009 onwards
 Juniors born between 1999 and 2008
 Open born 1999 onwards

Visually Impaired - Open Category

To be assessed by registered ophthalmologist with visual acuity

Intellectual Disability - Youth

Juniors

To be assessed by registered psychologist with tool assessment

Ortho/Leg Amputee - Open Category
Goalball/Bocce - Open Category

II. ELIGIBILITY DOCUMENTS:

- 2.1 Athletes Record Information
- **2.2** Medical Certificate
- 2.3 Assessment by registered psychologist with tool assessment and ophthalmologist with visual acuity
 - *(for intellectual Disabled (ID) IQ Level 70 & below
 - *(for visually impaired (LV & TB Visual Acuity Test by licensed

ophthalmologist.

2.4 PSA/NSO Birth Certificate





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- 2.5 Certificate of Enrolment stating the school year the child first enrolled up to the present / completion.
- 2.6 Photo Gallery
- 2.7 Parents'/Guardian's Consent
- 2.8 8 pcs. 1.5x1.5 identical pictures with name tag (surname, first name and middle initial) 2.9 Form 137 / SF 10 (Take note of the subjects/skills that are supposed to be included in the competencies for the IDs

Note: All original copy must be presented for verification purposes.

III. COMPETITION CATEGORIES:

A. <u>Visually Impaired – Fourteen (14) athletes and four (4) coaches, and 2</u> Chaperon

| Events | No of Athletes | | Number of Coaches | Total |
|----------------------|----------------|-------|--------------------------------------|-------|
| | Boys | Girls | | |
| Athletics 100 M | 3 | 3 | 1 for boys 1 for girls | 9 |
| Running Long Jump | | | 1- chaperon/asst.coach | |
| Shot Put | | | | |
| Goalball Boys | 4 | | One (1) | 5 |
| Goalball Girls | | 4 | One (1) 1 chaperon/asst. coach | 6 |

Amendment: Standing Long Jump for VI to be amended to Running Long Jump.

B. Intellectual Disability (ID) – twenty eight (28) athletes and seven (7) coaches, 4 chaperon

| Events | Number of Athletes | | | |
|-----------|--------------------|-------------------|------------------------------|-------|
| | Boys | Girls | Number of Coaches | Total |
| ATHLETICS | 5 | 5 | | |
| 100 m | Youth Category | Youth Category | 1 for boys , 1 | |
| 200 m | | | for girls | |
| 400 m | | | 1 chaperon | 26 |





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| 4 x 100 m | 5 | 5 Juniors Category | | |
|-------------------------------------|-------------------------------------|-------------------------------------|---|---|
| Running Long Jump | Juniors Category | | 1 for boys, 1 for girls | |
| Shot Put | | | 1 chaperon | |
| | | | | |
| BOCCE | | | | |
| (Single, Doubles, Team Event) | 2 | 2 | 1 coach 1-Chaperon | 6 |
| | | | | |
| SWIMMING | | | | |
| 50-Backstroke | 2 (Youth or Juniors Category) | 2 (Youth or Juniors Category) | 1 for boys 1 for girls 1 chaperon | 7 |
| 50- Breaststroke | | | | |
| 50-Freestyle | | | | |
| team event (Ath) | letics) articipating tear | n can enter on | individual events ly a maximum of ssing of events | |

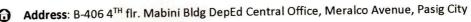
C. Ortho / Amputee - 8 athletes, 4 coaches and 2 chaperon/asst.coach Above-knee/arm amputation (single & double) Below-knee/arm amputation (single & double)

| Events | No of A | thletes | Number of Coaches | Total |
|-------------------|---------|---------|---------------------------------------|-------|
| | Boys | Girls | | |
| ATHLETICS | | | One for | - |
| Shot Put | 2 | 2 | Boys | 7 |
| Long Jump | | | One for | |
| High Jump | | | girls | |
| SWIMMING | | | One Chaperon | |
| 50 - Backstroke | | 0 | | 7 |
| 50 - Breaststroke | 2 | 2 | One for boys One for Girls 1 chaperon | , |
| 50 – Freestyle | | | | |

and in swimming.







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